
RIDER'S GUIDE

SCF TRACK SERIES 3

Version3_19Aug26

Sunday 6th September 2026

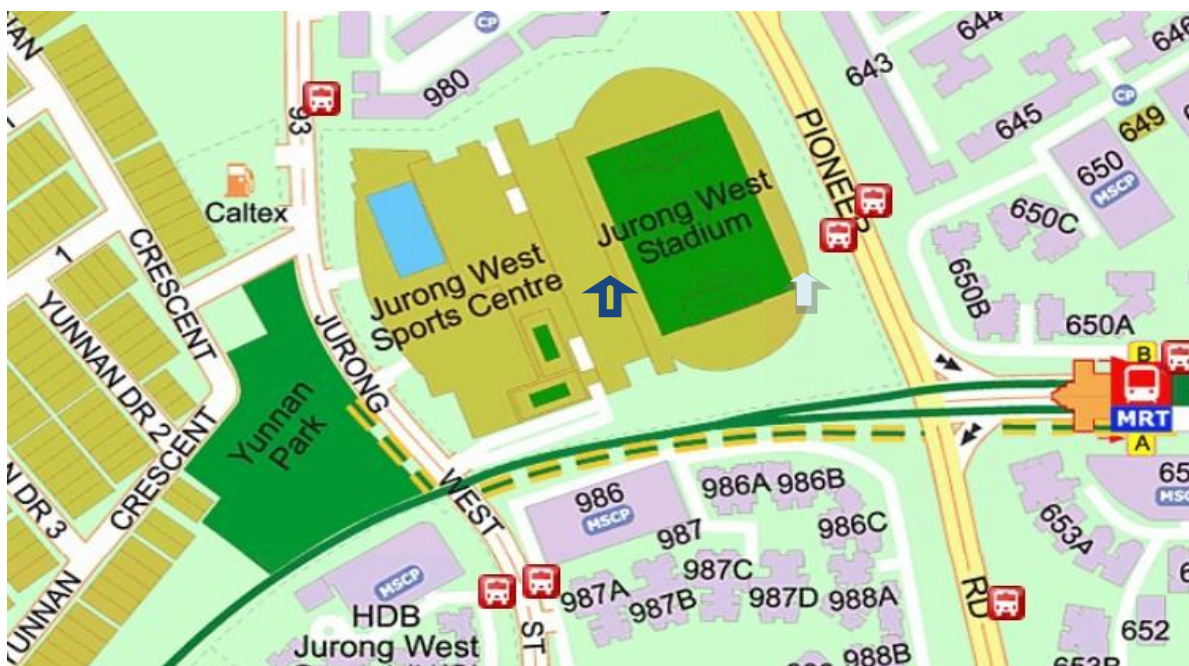
JURONG WEST STADIUM

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1. GENERAL INFORMATION

The Event	Track racing events around a 440m track, with cyclists going at speeds of up to approximately 50km/h. Consists of a mix of sprint and endurance events, mass starts, individual and team events. <u>Events for this race:</u> Heart Starter – A shorter scratch race to start the event. Riders are ranked based on the order they cross the finish line. A 4/6-lap race. Points - Points are awarded to riders based on their position across the line on Sprint Laps (every 4 laps of the race). In order of 1st to 4th, riders earn 5,3,2 and 1 point. The final Sprint Lap is worth double points. Riders are ranked based on total points accumulated through the race. Riders about to be lapped will be pulled out of the race. https://www.youtube.com/watch?v=fAGb0bWtjIQ Scratch - Riders are ranked based on the order they cross the finish line. Riders about to be lapped will be pulled out of the race. https://www.youtube.com/watch?v=127PN9MgMQY
Name	SCF TRACK SERIES 3
Date	Sunday 6 Sep 2026
Time	0630 - 1200
Location	Jurong West Stadium 20 Jurong West Street 93, Singapore 648965
Classification	Open to all Nationalities. SCF OCBC GC rankings and Points system for Riders with UCI Licence only. SCF class 3 As a modified track racing event, GC points will be awarded to the top 4 riders/teams in each event, regardless of the SCF/UCI category they belong to. Number of points awarded will vary according to each grade. Please refer below on the detailed points regulations for the Track Series #3.
Organisers	Singapore Cycling Federation OCBC ARENA Address: 5 Stadium Drive #02-44 Singapore 397631 Tel: 6784 6621 Email: admin@singaporecycling.org.sg Website: https://singaporecycling.org.sg/

2. **VENUE:** [Jurong West Stadium](#) (map link)



Field Of Play (FOP) - course	Anti-clockwise direction
FOP Distance per Lap	440m

3. SCHEDULES (subject to changes in Laps & Race Schedule)

Registration CLOSE		2 September 2026
Event Day: Sunday 6 September 2026	Laps	Time
Secretariat OPEN - Registration, Race Kit Collection & Equipment check		0630
Official Practice (Track opens) *Riders on track must have race numbers on and have done Equipment checks'		0640 to 0710
Riders' Briefing		0710
Heart Starter Grade C	4	0715
Heart Starter Grade B	6	0720
Heart Starter Fixed Gear A	4	0730
Heart Starter Fixed Gear B	4	0735
Heart Starter Junior	6	0740
Heart Starter Grade A	6	0750
Points Race Grade C	8	0800
Points Race Grade B	12	0810
Points Race Fixed Gear A	8	0820
Points Race Fixed Gear B	8	0840
Points Race Junior	16	0850
Points Race Grade A	20	0915
Scratch Race Grade C	7	0940
Scratch Race Grade B	18	0950
Scratch Race Fixed Gear A	7	1015
Scratch Race Fixed Gear B	7	1025
Scratch Race Junior	18	1045
Scratch Race Grade A	22	1115
Podium Ceremony		1200

Note:

All Riders MUST have their race numbers/Bibs, during Training/Practice. Timestamps are an estimation; the events will keep rolling so participants must take note of the order of events and be present when called for. Announcements for schedule changes will also be made based on the number of entries. Riders will be called to the staging area approximately 5 minutes before the start of the event. Riders are responsible for being present at the start line. Riders will enter the track from the staging area.

4. CATEGORIES (based on, 2026 minus year of birth)

Racing in the SCF Track Series will follow a graded racing format. There will be 3 grades for Road Bikes and 1 category for Fixed-gear bikes. Additionally, there will be a junior category (Road Bike).

Category	Meant for
Road Bike Junior	For ≤18 years old, intended for youth and juniors with prior race experience
Road Bike Grade A	Anyone ≥19 years old, intended for race-trained cyclists
Road Bike Grade B	Anyone ≥19 years old, intended for cyclists with some race experience, but seeking a milder challenge
Road Bike Grade C	Anyone ≥13 years old, intended as an introduction to racing for beginners
Fixed Gear A	For fixed gear bikes only, with racing experience
Fixed Gear B	For fixed gear bikes only, intended as an introduction to racing for beginners

Please select the category that best suits you. However, the category may be adjusted at the discretion of the organisers, based on past results and race experience. This helps ensure safety at the event.

To ensure fairness and reduce any complications during the race as well as in the Event points and SCF point's allocation, the number of riders in each category will be capped to the following:

Category	Maximum number
Road Bike Junior	20
Road Bike Grade A	20
Road Bike Grade B	20
Road Bike Grade C	15
Fixed Gear A	15
Fixed Gear B	15

Registration for the category will be closed once the cap is reached.

SCF GC Ranking and Points will be awarded to Riders with UCI ID only, according to their SCF National age group categories. For this series **SCF GC Points** will be awarded to the top 4 riders in each event in the Junior, Grade A, Grade B and Grade C categories only.

Fixed Gear categories will NOT carry any points.

Team/Club Names, must be consistent and indicated during registration.

SCF GC Ranking and Points (Riders with UCI ID only) – all SCF National age group categories

SCF National Age Group category	Age (2026 minus year of Birth)
Youth	13 to 16 years
Junior	17 to 18 years
Under 23	19 to 22 years
Elite	23 years & above
Master A	35 to 39 years
Master B	40 to 44 years
Senior A	45 to 49 years
Senior B	50 to 54 years
Veterans	55 years & above

PRIZE (subject to change)

Medals	Medals will be awarded to the top 3 overall riders in each category – Junior, Grade A, Grade B, Grade C, Fixed Gear A, Fixed Gear B
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5. ENTRY FEES

All riders must have a UCI racing license in order to race. The UCI Racing license comes with insurance coverage for Personal Accident and Personal Liability.

Categories	Price
*Road Bike – Junior	S\$30.00
*Road Bike – Grade B	S\$35.00
*Road Bike – Grade A	S\$40.00
*Road Bike – Grade C	S\$30.00
*Fixed Gear 13-22 years old	S\$30.00
*Fixed Gear 23 years old and above	S\$40.00
*Compulsory to have a UCI Racing License Application for UCI Racing License: 19 years and above S\$100.00 18 years and below S\$60.00	

Refund/Withdrawal Policy

Requests for Refund/Withdrawal should be informed in writing by email to admin@singaporecycling.org.sg and must be before the start list is published. Any requests received after this will not be entertained. Exceptions may be considered on a case-to-case basis.

Changing of categories

Any change of category should be informed in writing by email to admin@singaporecycling.org.sg and must be before the Final Registration CLOSES. Any requests received after this will not be entertained.

Please note that after the registration period is closed and the Start Lists are posted, we shall not be making updates on names or club information.

So do ensure the accuracy of your registration entry information before submission and where in doubt you should immediately write to admin@singaporecycling.org.sg

With the event preparation being well underway, of course where applicable verified updates shall be applied at the next possible stage. For your attention, please. The decision of the race organiser is final.

*SCF shall take all measures to ensure the safe and proper running of this event. However, in the case that the difficult decision of cancellation occurs, e.g. due to inclement weather, please note that unfortunately, No-Refunds will be issued.
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6. REGULATIONS

The following rules must be adhered to at all times during the race event. Failure to do so will result in a disqualification from ALL events.

1. Riders must have their race tags/bibs/number, during official practice session/s.
2. Helmets and covered shoes must be worn at all times, including warm-up and cooldown.
3. Sleeved tops must be worn. Tee shirts, with sleeves are allowed as well. There must not be any offensive indications on the jersey.
4. Riding position: The “puppy paws” position is prohibited during competition. Riders must not use the handlebars to support their forearms. Violations may result in sanctions, including relegation or disqualification, at the Commissaires’ discretion.
5. Rear Disc and non-spoked wheels are permitted ONLY in track category mass starts. All wheels must meet applicable UCI approval and safety requirements.
6. Aerobars and Time Trial Bikes are **ONLY** allowed in Individual/Team Start Events, example: TT or Pursuit.
7. It is **NOT** allowed in mass start events (Eg. Points, Scratch, Tempo, Heartstarter, Elimination).
Where there are Team events –
 - (i) **Duo** – the time taken will be the time the second rider crosses the line
 - (ii) **Quad** – the time taken will be the time the third rider crosses the line
8. Please respect the event officials’ decisions.
9. Failure to be present at the start line when called for will result in a DNS.
10. Race numbers must be pinned clearly and visible on the left side of the body.
11. Non-racers are not allowed on the track when races are ongoing.
12. Riders will be disqualified if event officials judge unsporting behavior.
13. Riders are to adhere to all venue rules, including refraining from smoking/vaping in the vicinity.
14. Riders are not to park their bike obstructively at any time, specifically avoiding blocking the doors along the stands of the stadium.
15. The event officials have the right to change a rider’s category to ensure fairness for all participants
16. A neutral lap(s) may be called in the event of a crash and the race will resume once it is safe to do so. When the race is in neutral, riders have to slow down and ride as a group until a whistle blown indicates the resumption of the race. When the race is in neutral, the lap count continues, but there will be no sprint lap.
If required, the race may be stopped and riders will exit the track and wait for the race to be restarted.
17. Riders who are about to be lapped will be pulled out of the race. This is indicated by a red flag waved and the rider’s number being called out. The rider has to exit the track just before the front straight, where it is safe to do so.
18. Before each event, riders will gather at the staging area, before entering the track and moving to the start line when it is safe to do so.
19. Any appeals on the results or outcome of an event must be made within 30 minutes of the end of the event, accompanied with a \$100 deposit. The deposit will be returned in the event of a successful appeal. Late appeals will not be entertained.

20. **Etiquette**

21. Strictly no inappropriate language or profanity. Any violation may result in disqualification by the Commissaires.
22. It is the rider's responsibility to uphold sporting behavior throughout the event, both on and off the race track. Every person has the right to participate in community sports that is safe, welcoming, and inclusive. Equally, everyone plays a part in ensuring their actions and behaviors are supportive of these values.
23. This list provides examples of behavior deemed to be unsuitable and not in the best interests of the sport.
24. Actions deemed to denigrate and/or intimidate another person, or behavior likely to constitute emotional abuse.
25. Use of alcohol, acting in a way that becomes a public nuisance or creating a public disturbance.
26. Damaging another person's property or depriving them of that property.
27. Sexual relations between an appointed official and a junior athlete (under the age of consent), irrespective of the wishes and desires of the athlete. In all other cases, such relations are strongly discouraged.
28. Any physical contact with athletes shall be appropriate to the situation and be necessary for the further development of the athlete's skill.
29. The use or encouragement of the use of banned substances. (The banned substance list is as outlined under the WADA Antidoping Policy.)
30. Statements that are deemed to denigrate the group that an individual is representing.
31. Any type of gambling, betting, or organisation of betting at any cycling event while competing, officiating, or undertaking a management role.
32. Any form of harassment.
33. Riders are to maintain a straight course where possible and keep to the left side of the circuit unless overtaking a slower bunch.
34. Riders may not deviate from their line unless their back wheel is well clear of the front wheel of riders following behind or to either side – i.e. you must not cut another rider off when overtaking or attacking.
35. Riders should not attempt to improve their position in corners by diving up the inside of the bunch. Riders are expected to follow the line set by the bunch through corners whenever it is safe to do so.
36. Both hands are to be kept on the handlebars unless a rider is taking a drink. No victory salutes allowed – both hands must be kept on the handlebar when crossing the line. Riders seen with both hands off the handlebar will be disqualified for the event.
37. Identified dropped riders must withdraw from the circuit when directed by officials.
38. Helmets must be worn at all times you are riding your bike – this includes warming up and cooling down on either road, car parks, or footpaths.
39. *Amended from <https://www.carnegiecycling.com.au/racing/racing-rules/>

40. **FAQ**

41. Will parking be available at the venue?
42. Yes, the stadium has a parking complex.
43. What happens in the case of a crash?

44. Paramedics will be on standby to provide needed medical attention. If medical attention is not immediately required, the race will be neutralised where the riders will be allowed to get up and rejoin the race.
45. What happens in case of bad weather?
46. The race will continue in the case of light rain. However, we will delay/cancel events as necessary.
47. How fast can I ride on the track?
48. The track has been tested on a road bike, up to a maximum speed of 65kph on the straights, and 55kph on the corners with careful pedaling.
49. Identification on the Field of Play (each rider) - To be pin the left side of the rider, in the orientation as shown below.



50. Can I bring a team tent?
51. Yes, you may have a team tent. Tent space is based on a first come first serve basis, in the area along the front straight. Team will only be allowed to set up their tents in the designated area.



Points Allocation

1. **SCF GC Points** will be awarded to the top 4 riders in each event (Heartstarter, Points, Scratch).

The top unplaced female rider in grade A and B will also be awarded points.

The points allocation for the SCF GC ranking will be as follows:

Position	Grade A	Grade B	Grade C	Junior
1	20	10	5	20
2	16	8	4	16
3	14	7	3	14
4	12	6	2	12
Top unplaced female	10	4	1	10

Females who place among the top 4 for their grade will be awarded points according to the position. The next female rider will be awarded points as the top unplaced female rider. If no female riders place among the top 4, only the top female rider will be awarded points (10 points for Grade A, 4 for Grade B).

Event points will be awarded to the top 4 riders of each event. Medals will be awarded to the top 3 riders in each category, based on cumulative results in the 3 events. Points are awarded for each race according to the following:

Position	Heartstarter	Points	Scratch
1	5	5	5
2	3	3	3
3	2	2	2
4	1	1	1
Top unplaced female	1	1	1

Females who place among the top 4 in each event will be awarded points according to their position. The next female rider will be awarded 1 point. If no female riders place among the top 4, the top female rider will be awarded 1 point. The female rider must have finished the race (not pulled out) to be awarded points.

In the event of tie-breakers, when riders finish with the same number of points from the 3 events, a rider with a higher-placed finish in an event will be ranked higher. For example, if Rider A has 1 first-place finish and 2 third place finishes for a total of 9 points, and Rider B has 3 second place finishes for a total of 9 points, Rider A will be ranked higher than Rider B in the Event Points allocation.

If riders have the same placings for points, the placing in the last event for the day will determine the ranking. For example, if Rider X and Rider Y both finish with 1 second place and 1 third placing for a total of 5 points, the higher placed rider in the last event for the day (the Scratch race) will rank higher.

Nearest hospital	Ng Teng Fong Hospital
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