

RIDER'S GUIDE

Version8_16Apr25

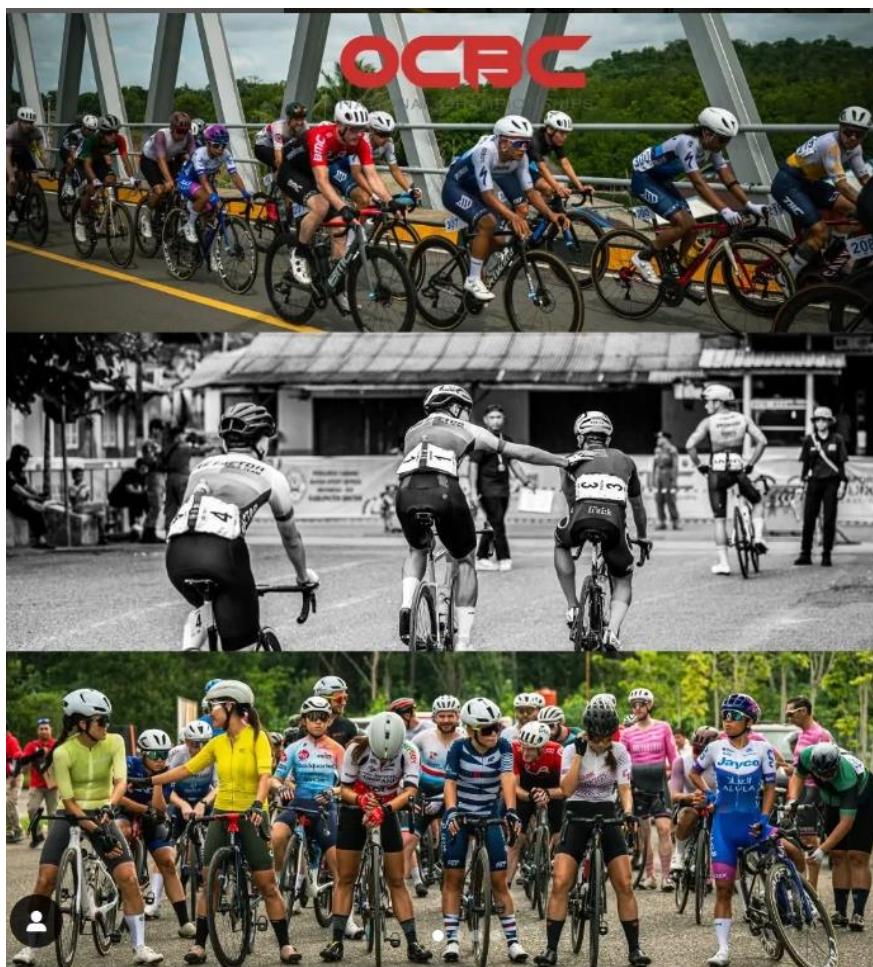
OCBC

NATIONAL CHAMPIONSHIPS

2025 Singapore Road Cycling National Championships

Venue: Bintan, INDONESIA

20th June: Individual Time Trial (ITT), 21st June: Criterium (CRT), 22nd June: Individual Road Race (IRR)



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1. GENERAL INFORMATION

The Event Formats	<p>2025 Singapore Cycling National Championships, Road Formats.</p> <p>National cycling championships are held annually by national federations in each cycling discipline. The event is organised to allow the cycling community and our national athletes, the required exposure for a high-level competition/s.</p> <p>A national champion (CN) cycling jersey is a jersey awarded to the winning riders (Singaporean) of each event at the national cycling championships organised by the national governing body and recognized by the Union Cycliste Internationale (UCI).</p> <p>Individual Time Trial (ITT)</p> <p>ITT is a cycling format in which riders' race alone against the clock is called "the race of truth". Each rider sets off individually with an interval to the next rider.</p> <p>Criterium (CRT)</p> <p>A criterium, or crit, is a mass start high-speed bike race consisting of several laps around a closed circuit.</p> <p>Individual Road Race (IRR)</p> <p>A road race is a mass-start, where riders begin simultaneously and race over a certain distance.</p>
Who are we	<p>SCF : OCBC ARENA, 5 Stadium Drive #02-44 Singapore 397631.</p> <p>Email: admin@singaporecycling.org.sg Tel: 65-67846621.</p> <p>Sporting governing body: Sport Singapore</p> <p>International Federation: Union Cycliste Internationale (UCI)</p>
Venue Host	Indonesian Cycling Federation https://icf.id/
Event Dates	Friday to Sunday: 20, 21, & 22 June 2025
Time	Daily: 0630 to 1700 hrs (Indonesian time)
Classification	<p>SCF OCBC General Classification (GC) Ranking: Class 1</p> <p>SCF & UCI calendar of events (CN)</p> <p>Sports officiating by National Commissaires. Race operations by ICF & SCF staffing team.</p>
Participation	<ol style="list-style-type: none"> 1) Open to all Nationalities. 2) All Riders WILL need a valid 2025 UCI Licence and are Eligible for the OCBC SCF 2025 General Classification (GC) Points ranking system, in ROAD events. 3) Singaporean Riders in the UCI categories are eligible for UCI Points in the following categories: Women & Men JUNIOR, UNDER 23, ELITE, and Para-Cyclists.



2. CATEGORIES

CATEGORIES

Information

Age is based on 2025 minus the YEAR of BIRTH.

Open to all Nationalities.

All Riders WILL NEED a valid 2025 UCI Licence to participate.

Singaporean racing for UCI points in the following UCI categories: JUNIORS, UNDER 23, ELITE, and Para Cyclists.

Jersey Awards: UCI Categories - Best Singaporean rider eligible for National Championship jersey (CN).

Jersey Awards: National Age group Categories - Best Singaporean eligible for Domestic Champions jersey (DC).

For the Individual Road Race (IRR), Under 23 (19 to 22 years) and Elite (23 years and above) riders shall compete in this Championship in the same race, under a Combined Category, as follows:

- **WOMEN ELITE (19 years and above)**
- **MEN ELITE (19 years and above)**

For Singaporeans: UCI points shall be awarded according to their position in the event classification under the UCI Elite points scale.

For all Nationalities: SCF GC points and results ranking will be classified separately under the following SCF categories: U23 (19-22 years) & Elite (23 years & above).

Groups of Categories: Participation in each Formats

Riders in the SCF Age Group and UCI Categories may participate, in all three (3) Formats, or choose to race in two (2) or one (1) format (i.e. ITT-CRT-IRR)

Riders in the Sports Category may choose to participate ONLY, in the ITT and/or IRR format.

Para Cyclists MAY ONLY, participate in the ITT format.

UCI CATEGORIES			
Individual Time Trial (ITT) and Criterium (CRT)		Individual Road Race (IRR)	
Women JUNIOR: 17-18 years	Men JUNIOR: 17-18 years	Women JUNIOR: 17-18 years	Men JUNIOR: 17-18 years
Women U23: 19-22 years	Men U23: 19-22 years	WOMEN ELITE: 19 years & above	MEN ELITE: 19 years & above
Women ELITE: 23 years & above	Men ELITE: 23 years & above		
SCF AGE-GROUP CATEGORIES			
Individual Time Trial (ITT) and Criterium (CRT)		Individual Road Race (IRR)	
Women Youth: 13-16 years	Men Youth: 13-16 years	Women Youth: 13-16 years	Men Youth: 13-16 years
Women Master A: 35-39 years	Men Master A: 35-39 years	Women Master A: 35-39 years	Men Master A: 35-39 years
Women Master B: 40-44 years	Men Master B: 40-44 years	Women Master B: 40-44 years	Men Master B: 40-44 years
Women Senior A: 45-49 years	Men Senior A: 45-49 years	Women Senior A: 45-49 years	Men Senior A: 45-49 years
Women Senior B: 50-54 years	Men Senior B: 50-54 years	Women Senior B: 50-54 years	Men Senior B: 50-54 years
Women Veteran: 55 years & above	Men Veteran: 55 years & above	Women Veteran: 55 years & above	Men Veteran: 55 years & above
<div>SPORTS: 19 years & above (mix gender)</div> <div>Individual Time Trial (ITT): Two (2) sub-categories Sports A: Triathlon & Time Trial bikes Sports B: Road bike with Drop bars</div> <div>Individual Road Race (IRR) (Road bikes with Drop bars, only)</div> <div>Criterium (CRT) N.A.</div>			
PARA CYCLISTS: ITT only / Criterium (CRT) N.A		Individual Road Race (IRR) N.A.	

Categories in the different Formats: Waves-Groups-Race / number of Laps, Time, and Distances:

Subject to Change

For the Mass starts formats (Criterium<CRT> & Individual Road Race <IRR>):

- Individual categories may be combined in one 'gun start': waves, groups or race.

Results and GC ranking will be in accordance to each SCF age-group category.

Individual Time Trial (ITT) 10 km / Lap	Lap/s	Total Distance
Para Cyclists (Cycling) - PI Men & Women All Age Group. Para Cyclists (Hand cycling & Trike) - PI Men & Women All Age Group.	1	10 km
Women Youth, Men Youth, Women JUNIOR, Women Veteran.		
Para Cyclists (Tandem) - VI Men & VI Women - All Age Group.	2	20 km
Sports A, Sports B, Men JUNIOR, Women UNDER 23, Women Master A, Women Master B, Women Senior A, Women Senior B, Men Senior A, Men Senior B, Men Veteran.		
Men UNDER 23, Women ELITE, Men Master A, Men Master B.	3	30 km
Men ELITE.	4	40 km
Criterium (CRT) 2 km / Lap	Race	Total Time, plus 2 Laps
Women Youth, Women JUNIOR, Women Master B, Women Senior A, Women Senior B, Women Veteran.	1	25 mins +
Men Youth, Men JUNIOR.	2	30 mins +
Men Senior A, Men Senior B, Men Veteran.	3	35 mins +
Women UNDER 23, Women ELITE, Women Master A.	4	40 mins +
Men Master A, Men Master B.	5	45 mins +
Men UNDER 23 & Men ELITE.	6	50 mins +
Individual Road Race (IRR): 40 km / Lap	Lap/s	Total Distance
Wave 1: MEN ELITE (19 years & above) and Men Master A.	3	120 km
Wave 2: Group 1 Men JUNIOR, Men Master B, Men Senior A, Men Senior B, Men Veteran.	2	80 km
Wave 2: Group 2 WOMEN ELITE (19 years & above) , Women JUNIOR, Women Master A, Women Master B, Women Senior A, Women Senior B, Women Veteran.	2	80 km
Wave 3: Women Youth, Men Youth, Sports.	1	40 km

RACE FEES

All riders WILL NEED a valid (2025) UCI racing license to participate. The UCI Racing license comes with insurance coverage for Personal Accident and Personal Liability.

Age/Category	SCF Affiliate	Non - Affiliate
13 to 16 years (Youth) 17 to 18 years (Juniors)	FREE OF CHARGE (To encourage youth & Junior participants)	FREE OF CHARGE (To encourage Youth & Junior participants)
19 years & Above	1 Format: \$80	1 Format: \$100
	2 Formats: \$150	2 Formats: \$180
	3 Formats: \$200	3 Formats: \$240
UCI Licence	13 to 18 years (Youth & Junior): \$60 19 years & above: \$100	
Transponder Deposit	\$100 (Refundable after the Event)	

Refund/Withdrawal Policy

Requests for Refund/Withdrawal should be made in writing by email to admin@singaporecycling.org.sg and must be done before the Start List is released. Any requests received after this will not be entertained. Exceptions may be considered on a case-to-case basis, for e.g. on medical grounds.

Changing of Categories

Any change of Category must be made in writing by email to admin@singaporecycling.org.sg and this must be done before the Final Registration CLOSES. Any requests received after this will not be entertained.

Please note that after the registration period is closed and the Start Lists are posted, we shall not be making updates on names or club information. As such, please ensure the accuracy of your registration entry information before submission and, when in doubt you should immediately write to admin@singaporecycling.org.sg.

All decisions of the Race Organiser (SCF) is final, and, this document will be subjected to changes until 13 June 2025.

***SCF shall take all measures to ensure the safe and proper running of this event. However, in the case that the difficult decision of cancellation occurs, e.g. due to inclement weather, please note that no refunds will be made.**

3. SCHEDULE

(Subject to change & full updates of the complete event schedule will be made available by Friday 13 June 2025)

Monday 2nd June	Registration CLOSE
Friday 13th June	Start List, Ready Final Event Schedule & Latest Riders Guide
Friday 20th June 7.00 am - 11 am (race) <i>11.30am to 1.30pm (Muslim Prayers)</i> 2 pm - 5 pm (race)	Individual Time Trial (ITT) Sequence in Waves: To be confirmed on 13 th June 2025. 10 km x : (1 Lap, 2 Laps, 3 Laps, and 4 Laps)
Saturday 21st Jun 8.00 am 9.00 am 10.15 am 11.30 am 1.15 pm 2.30 pm	Criterium (CRT) Race 1 Race 2 Race 3 Race 4 Race 5 Race 6
Sunday 22nd June <u>1st Wave</u>: 6.30 am - 3 (three) Lap race <u>2nd Wave</u>: 2 (two) Lap race each group Group 1 - 10.10 am Group 2 - 10.20 am <u>3rd Wave</u>: 1.10 pm - 1 (one) Lap race	Individual Road Race (IRR)



4. Awards & Jerseys



SCF Championship Jerseys	Singaporean Riders, only			
Domestic Champion	SCF National Age Group categories (DC)			
National Champion	UCI registered categories (CN)			
OCBC SCF GC Rankings	All Nationalities			
Formats	Individual Time Trial (ITT) Criterium (CRT) Individual Road Race (IRR)			
Categories: Top 3 medals in Each Category		Championship Jerseys	SCF GC Ranking	Formats
<i>Para Cycling Legends:</i> <i>B - Visually Impaired (Blind)</i> <i>C - Cyclist</i> <i>H - Hand Cyclist</i> <i>T - Trike</i>				
<i>Para cycling: Tandem (MB) (Rider/Pilot)</i>		CN	-	ITT
<i>Para cycling: Tandem (WB) (Rider/Pilot)</i>		CN	-	ITT
<i>Para cycling: Men Cycling (MC1-5)</i>		CN	-	ITT
<i>Para cycling: Women Cycling (WC1-5)</i>		CN	-	ITT
<i>Para cycling: Men Hand cycling (MH1-5)</i>		CN	-	ITT
<i>Para cycling: Women Hand cycling (WH1-5)</i>		CN	-	ITT
<i>Para cycling: Men Trike (MT1-2)</i>		CN	-	ITT
<i>Para cycling: Women Trike (MT1-2)</i>		CN	-	ITT
Sports A: Triathlon & Time Trial bikes (mix-gender, 19 years & above)		-	-	ITT
Sports B: Road bike with Drop bars (mix gender, 19 years & above)		-	-	ITT
Sports (Mix Gender, 19 years & above)		-	-	IRR
Women Youth (13-17 years)		DC	Yes	ITT, CRT, IRR
Women Master A (35-39 years)		DC	Yes	ITT, CRT, IRR
Women Master B (40-44 years)		DC	Yes	ITT, CRT, IRR
Women Senior A (45-49 years)		DC	Yes	ITT, CRT, IRR

Women Senior B (50-54 years)	DC	Yes	ITT, CRT, IRR
Women Veteran (55 years & above)	DC	Yes	ITT, CRT, IRR
Men Youth (13-16 years)	DC	Yes	ITT, CRT, IRR
Men Master A (35-39 years)	DC	Yes	ITT, CRT, IRR
Men Master B (40-44 years)	DC	Yes	ITT, CRT, IRR
Men Senior A (45-49 years)	DC	Yes	ITT, CRT, IRR
Men Senior B (50-54 years)	DC	Yes	ITT, CRT, IRR
Men Veteran (55 years & above)	DC	Yes	ITT, CRT, IRR
Women JUNIOR (17-18 years)	DC	Yes	CRT
Women UNDER 23 (19-22 years)	DC	Yes	CRT
Women ELITE (23 years & above)	DC	Yes	CRT
Men JUNIOR (17 & 18 years)	DC	Yes	CRT
Men UNDER 23 (19-22 years)	DC	Yes	CRT
Men ELITE (23 years & above)	DC	Yes	CRT
Women JUNIOR (17-18 years)	CN	Yes	ITT
Women UNDER 23 (19-22 years)	CN	Yes	ITT
Women ELITE (23 years & above)	CN	Yes	ITT
Men JUNIOR (17-18 years)	CN	Yes	ITT
Men UNDER 23 (19-22 years)	CN	Yes	ITT
Men ELITE (23 years & above)	CN	Yes	ITT
Women JUNIOR (17-18 years)	CN	Yes	IRR
WOMEN ELITE (19 years & above)	CN	Yes	IRR
Men JUNIOR (17-18 years)	CN	Yes	IRR
MEN ELITE (19 years & above)	CN	Yes	IRR

UCI Points are allocated in a National Championship (CN). (For Singaporean riders)

Ranking	IRR	ITT
1	50	25
2	30	15
3	20	10
4	15	5
5	10	3
6	5	-
7	3	-
8	3	-
9	1	-
10	1	-

SCF Individual Ranking Points (All Nationalities)

Team points (Tabulation of Individual points)

Ranking	SCF Points (Class 1)
1	40
2	32
3	27
4	23
5	19
6	16
7	13
8	11
9	9
10	7

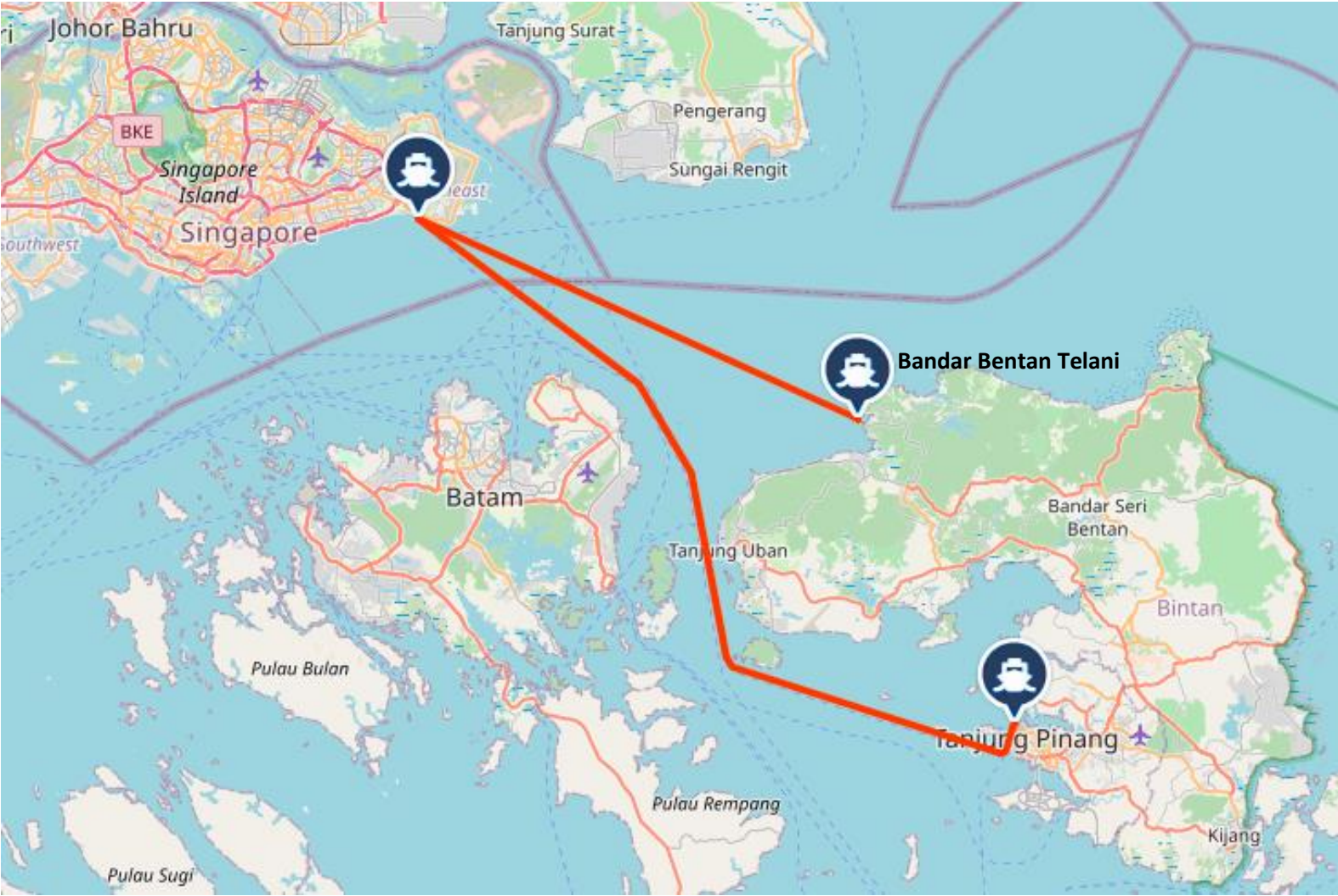


5. **GETTING THERE**



By Ferry

From Singapore	<u>Tanah Merah Terminal</u>
Ferry Terminals in Bintan	a) <u>Bandar Bentan Telani ferry terminal</u> LAGOI, Indonesia b) <u>Sri Bintan Pura International PORT</u> TANJUNG PINANG, Indonesia



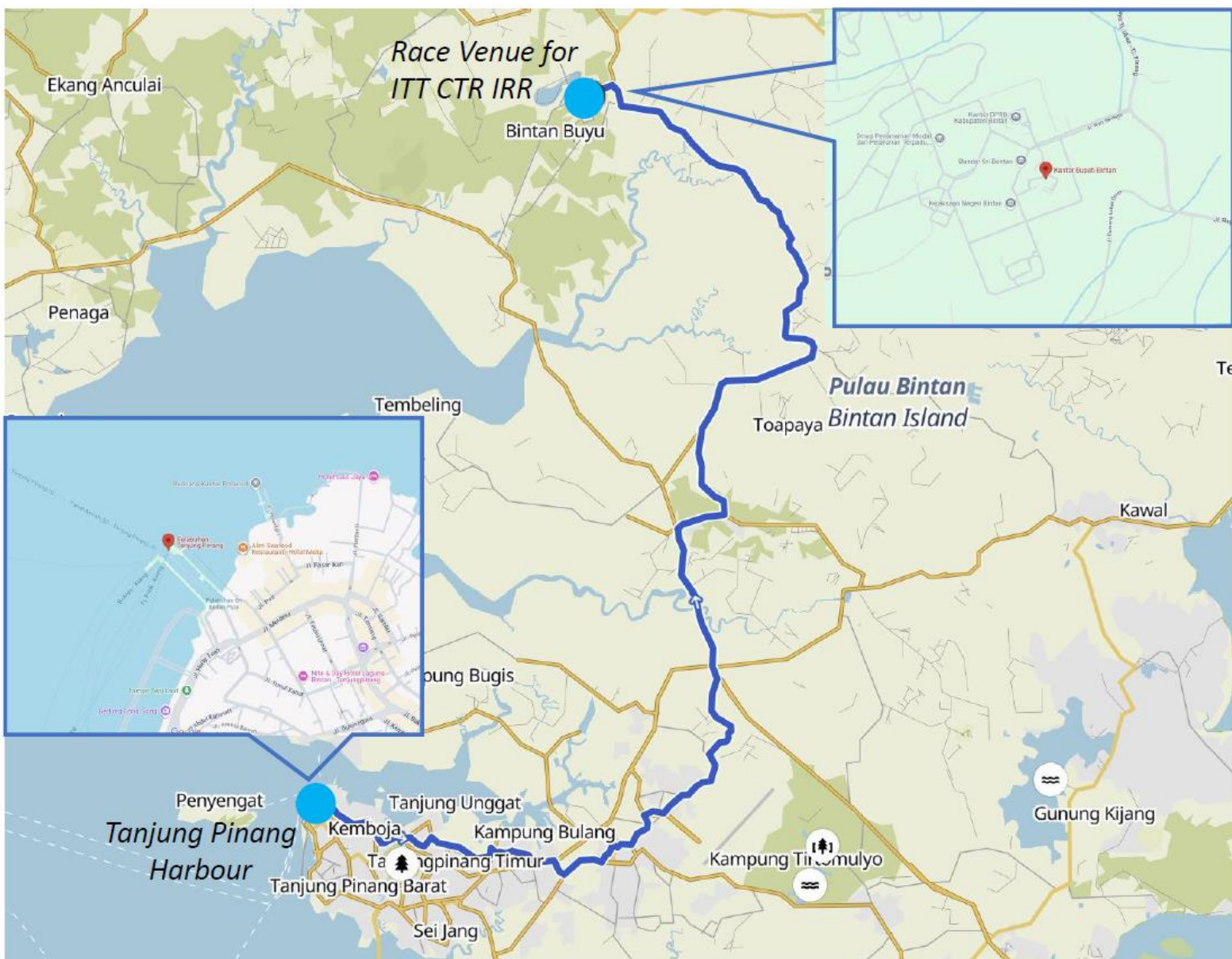
a) [Bandar Betan Telani \(ferry terminal\)](#) to the Race Venue ([Bintan Buyu](#))

40 km / 40 mins by car



b) Tanjung Pinang harbour to the Race Venue (Bintan Buyu)

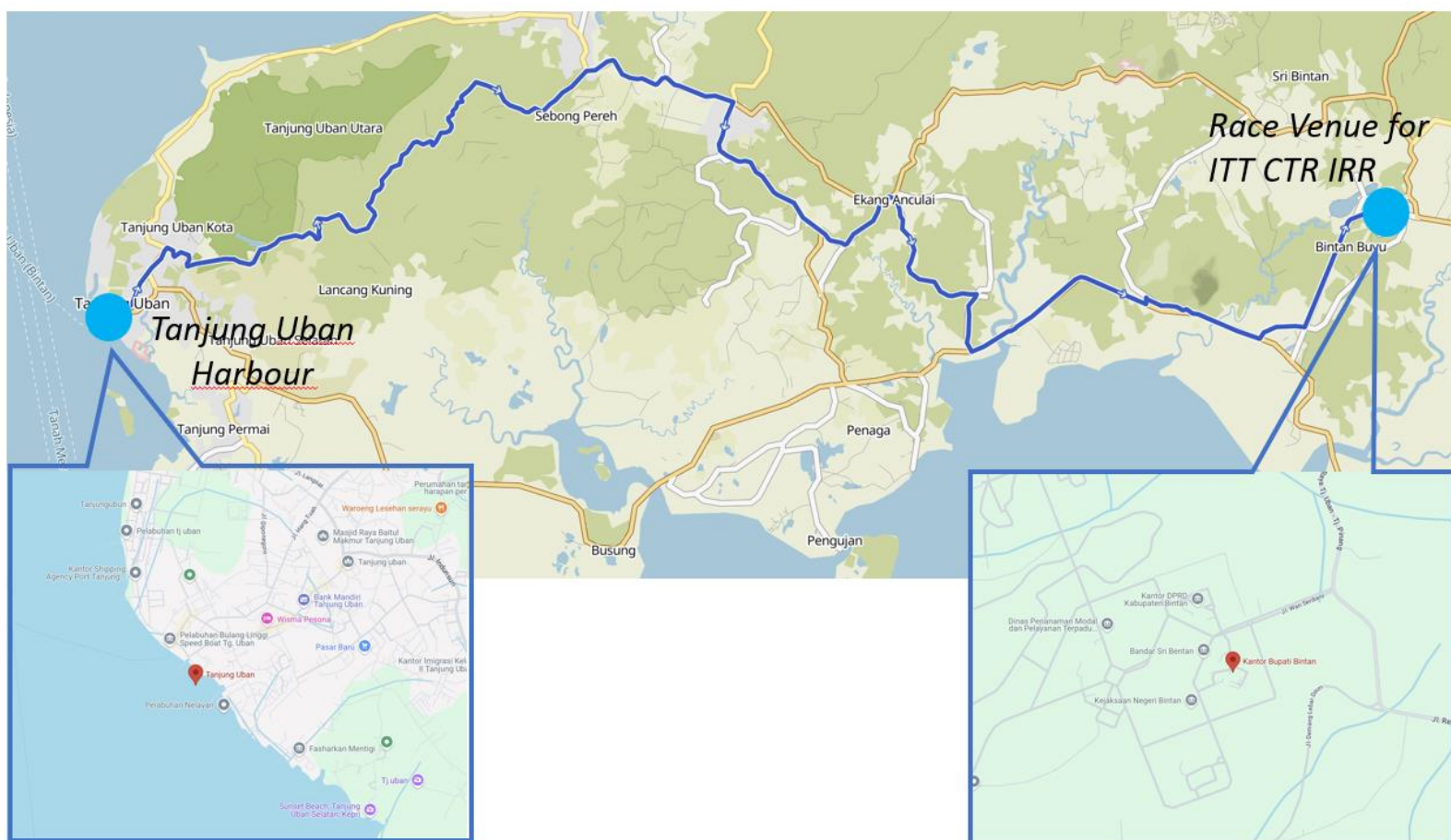
40 km / 40 mins by car



Ferry from Batam, to Bintan (Tanjung Uban)

50 km / 50 mins by car

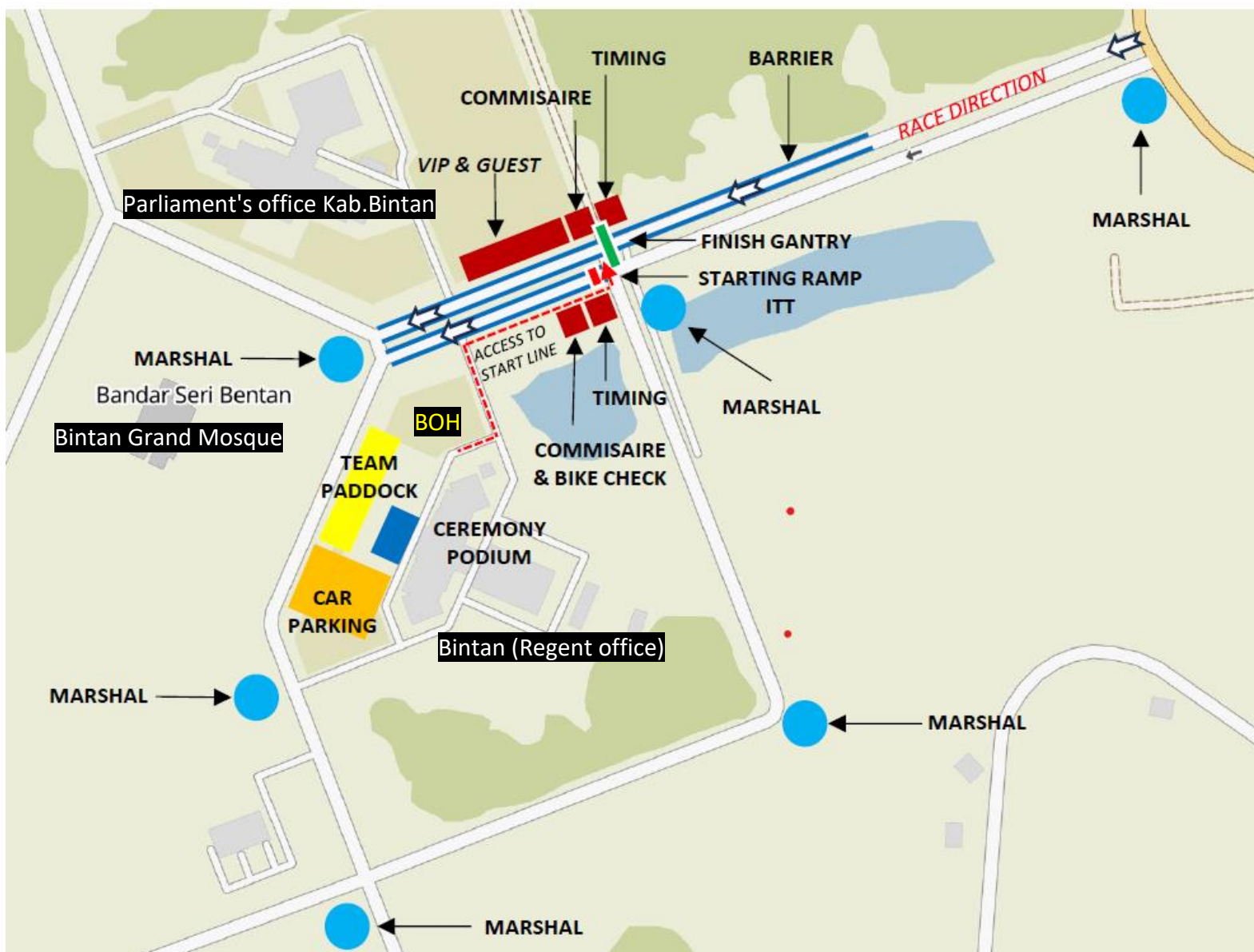
[Tanjung Uban Harbour <Bulang Linggo speed boat>](#) to the Race Venue ([Bintan Buyu](#))



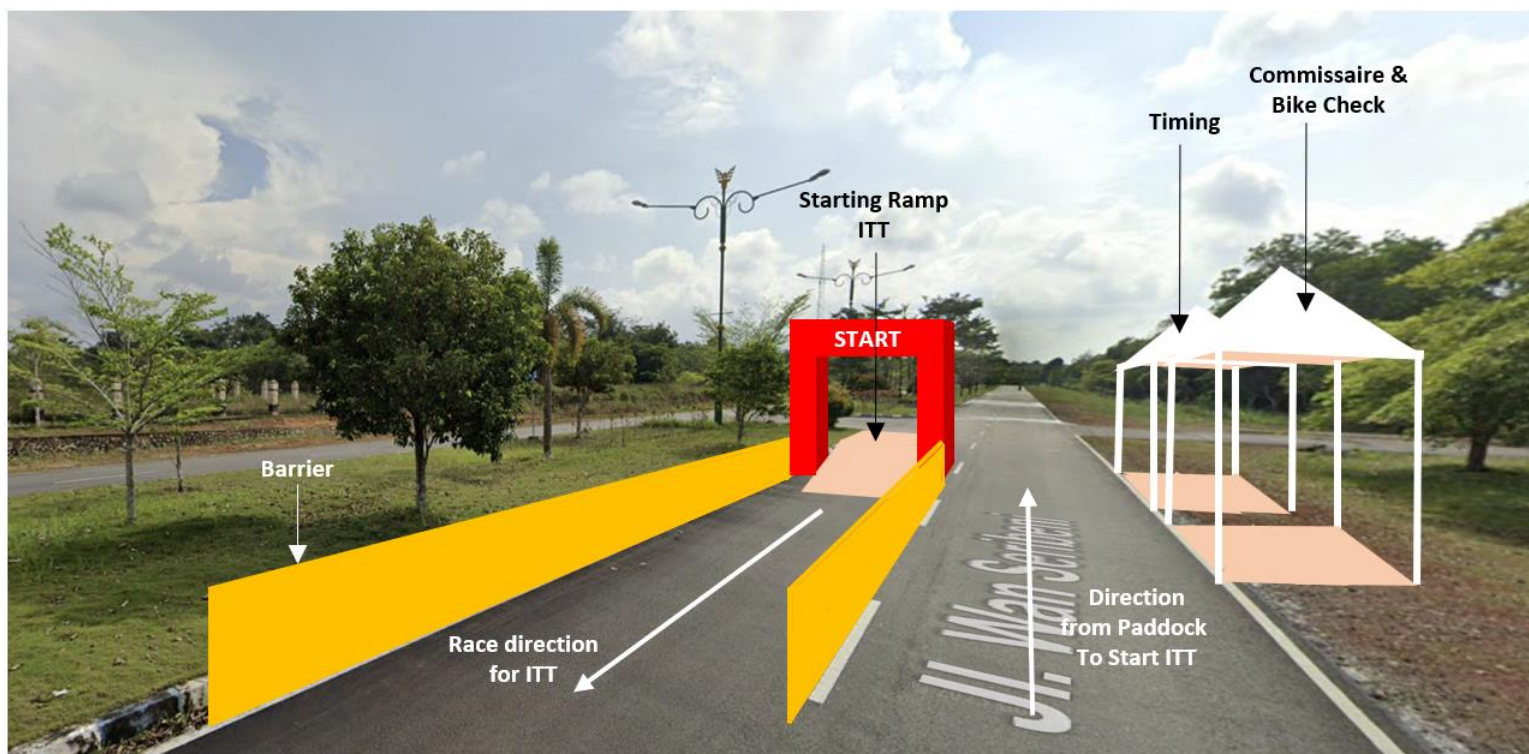
6. **VENUE**

Race Venue

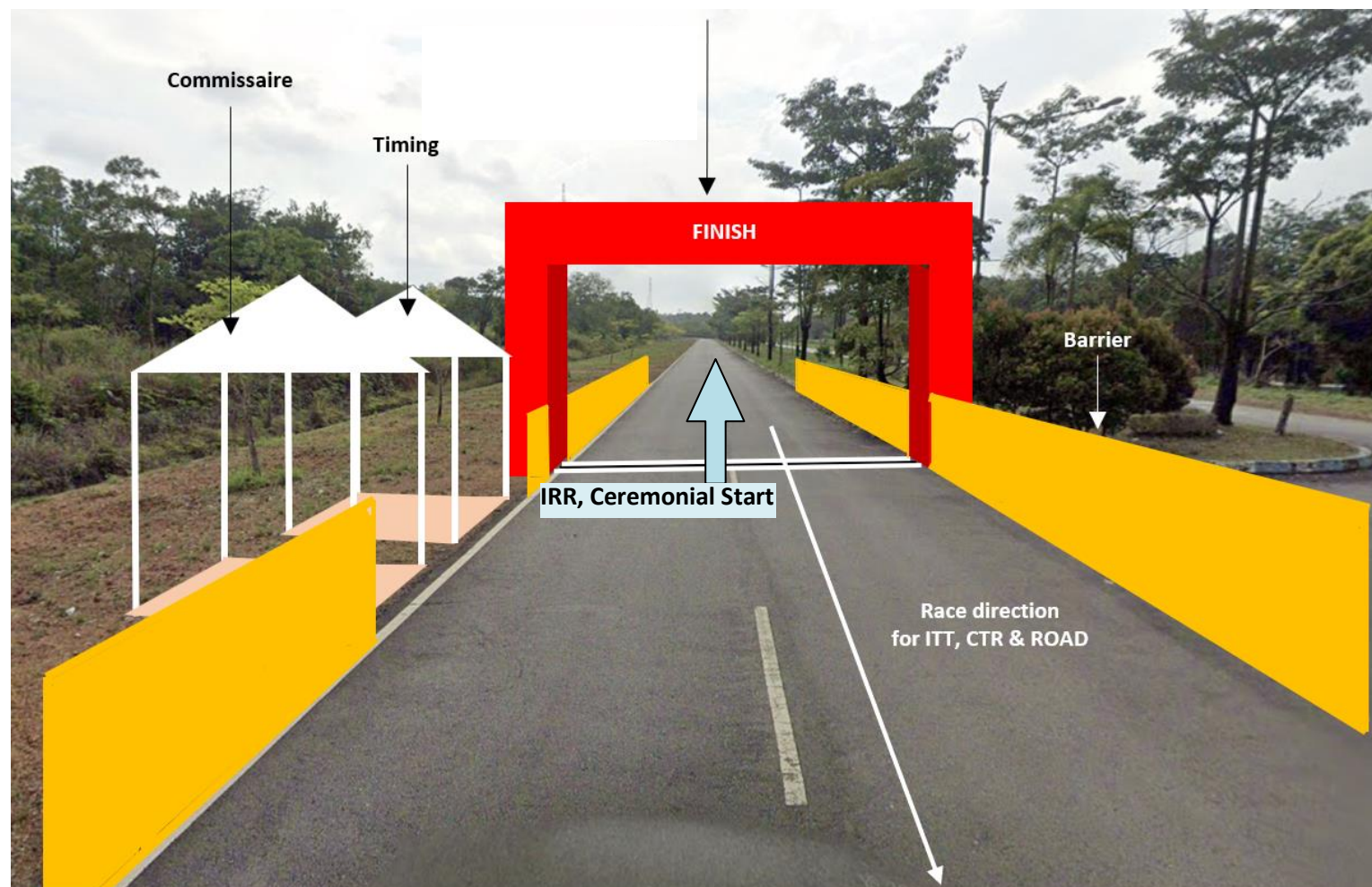
Start & Finish area: Bintan Buyu	<u>Jalan Wan Seribeni</u>
Back of House (BOH): Secretariat, Podium, Team paddock area	<u>Bintan Regent Office-Government Property</u>



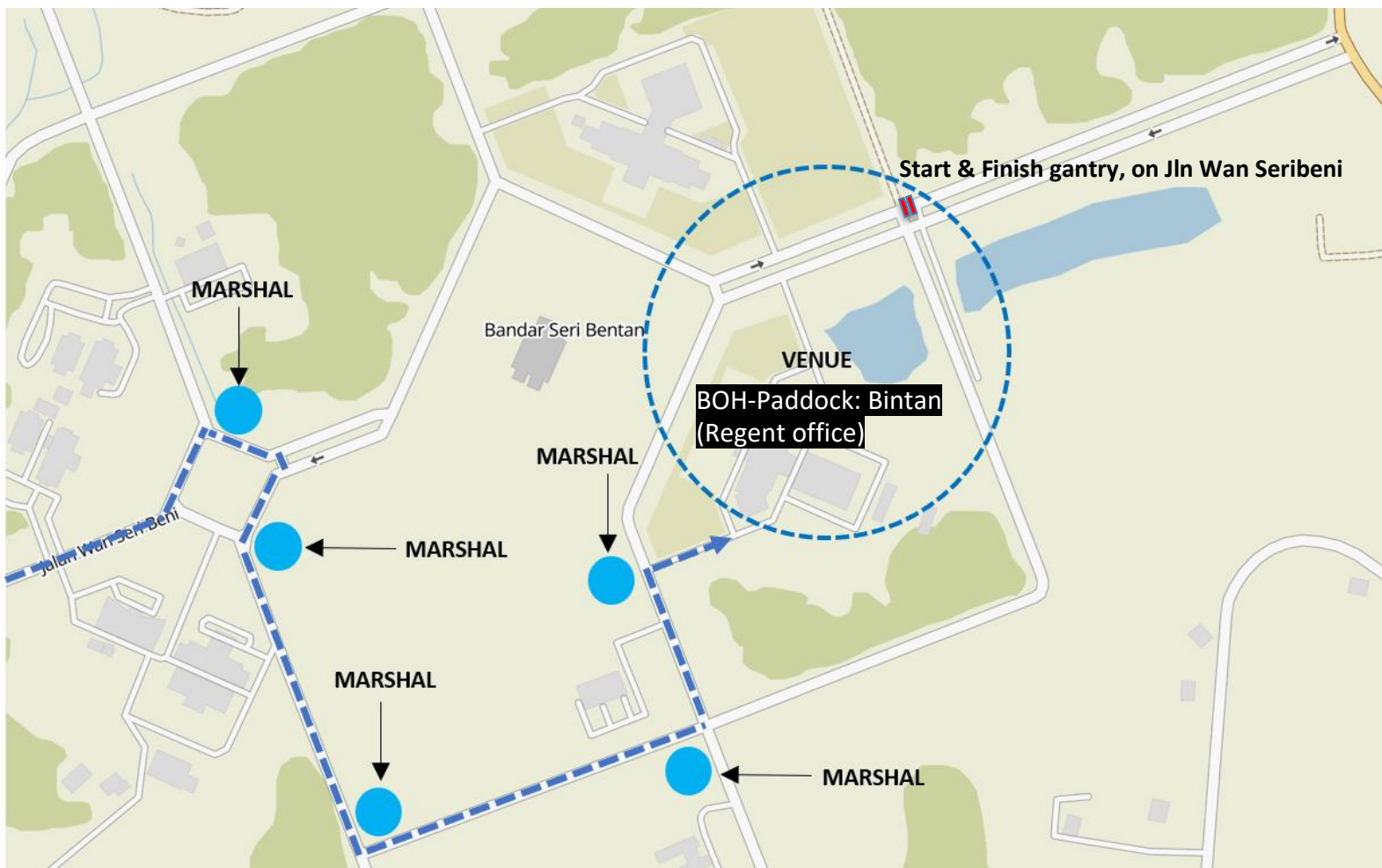
ITT Start Ramp: [Location](#)



Start & Finish gantry for CRT and IRR. Finish gantry, for ITT [Location](#)



Access to the Race Venue, Back of House (BOH)





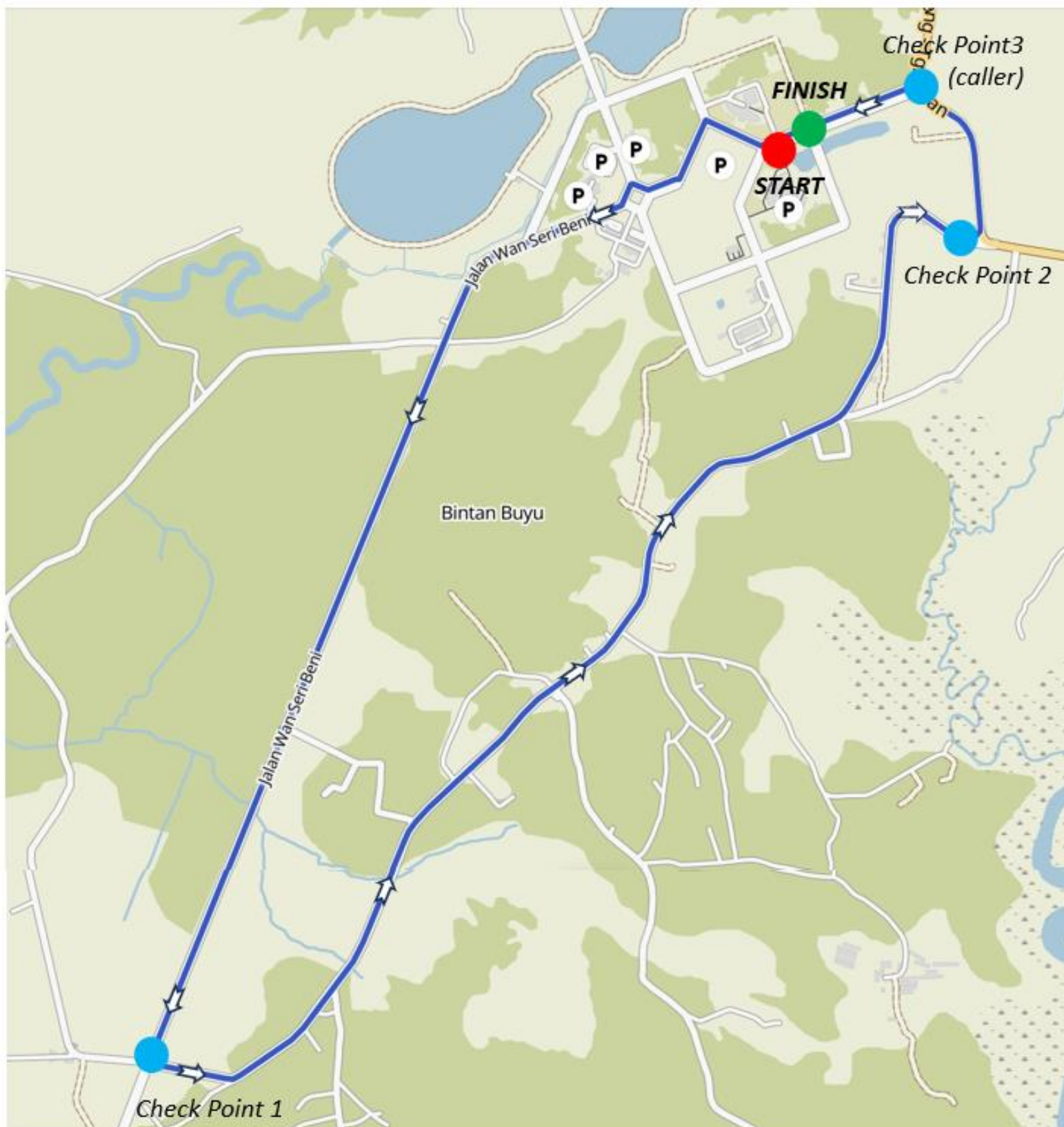
7. **FIELD OF PLAY (FOP)**

Each Format

Individual Time Trial (ITT)

COURSE MAP & PROFILE

10 km / Lap



ITT Finish gantry, PROTOCOL (subject to Change)

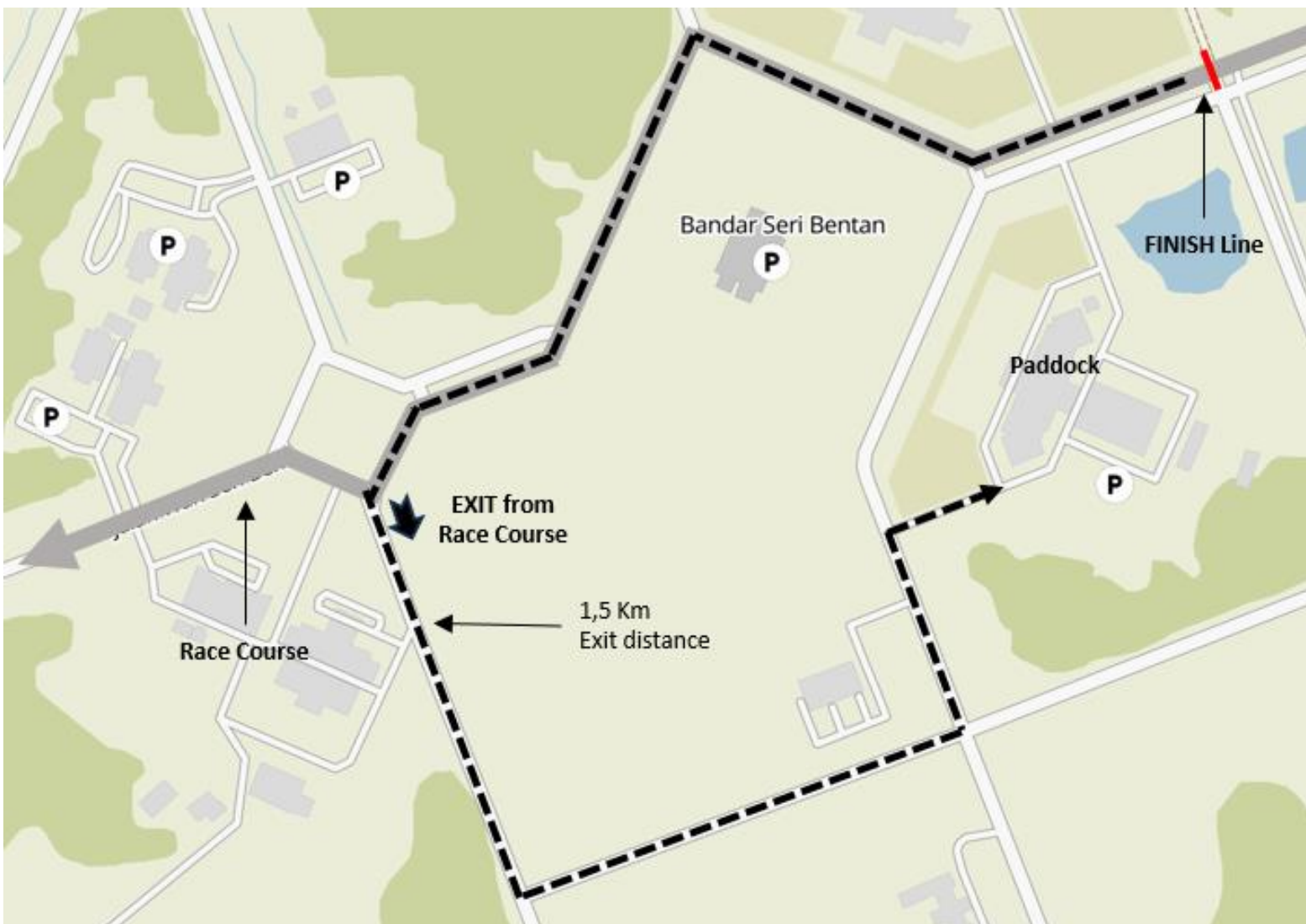
(In the Direction of Race)

- Riders, Continuing Lap/s - to take the Left lane.
- Riders, FINISHING - to take the Right lane.



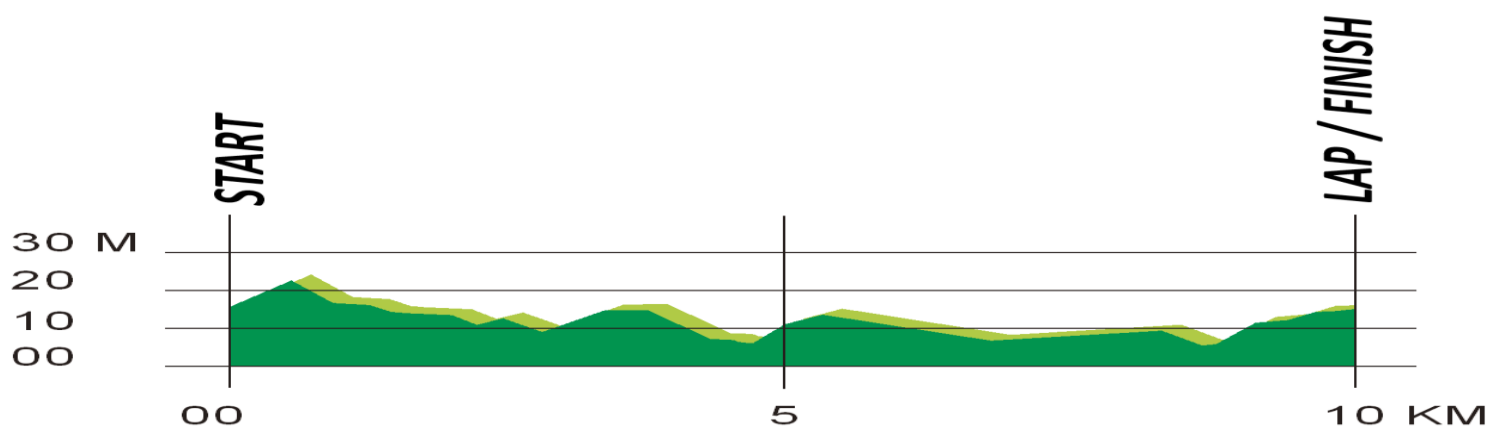
ITT: Riders Exit PROTOCOL (Completion of race)

After crossing the Finish Line, the Rider must continue riding in a medium to slow speed until he/she reaches the Exit Mark on the left side approx. 800m from the Finish Line. And from the Exit, continue on to the Paddock for 700m.



ITT Course (FOP) Details

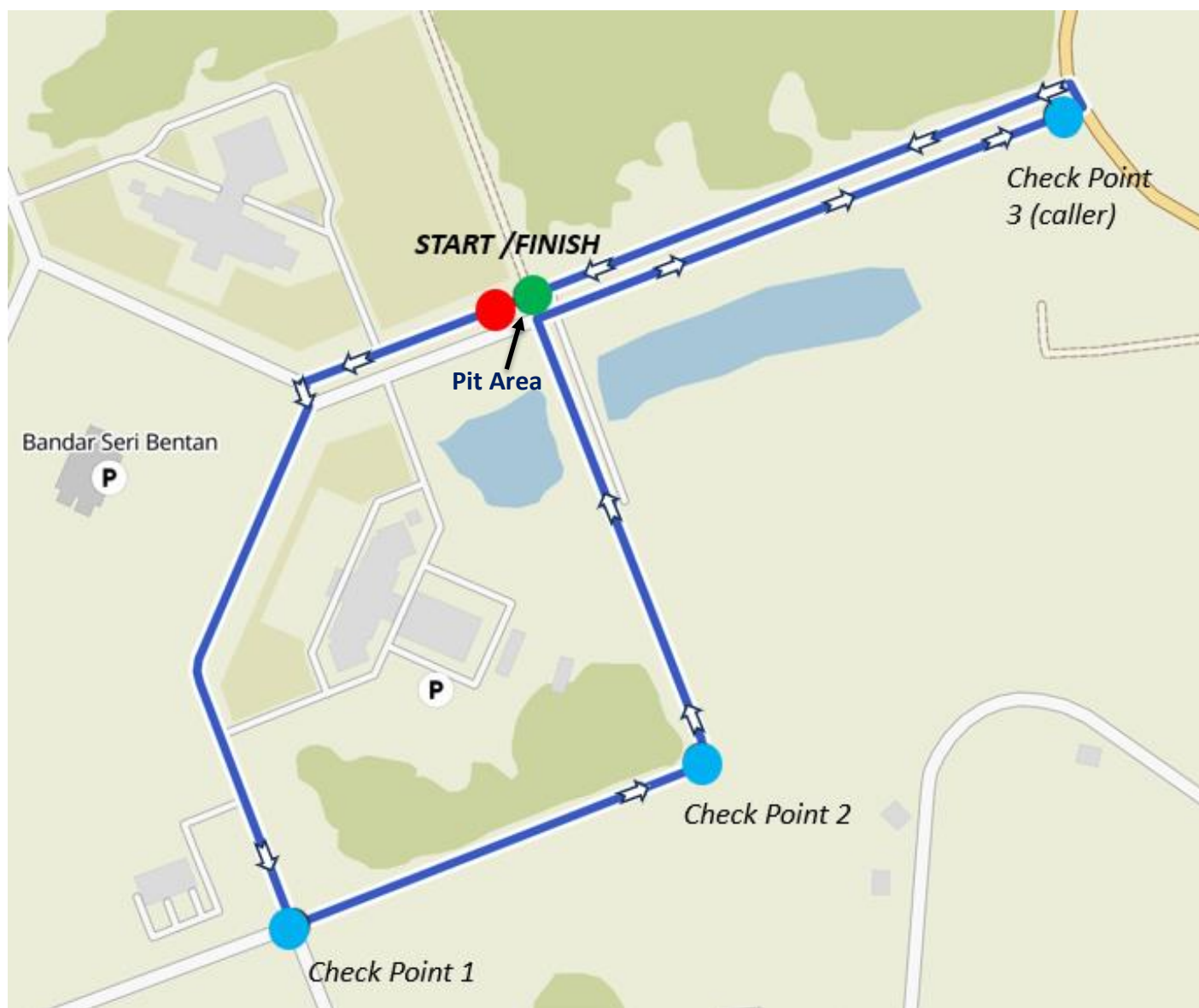
Distance covered	Location	Description	RACE Direction
0	<u>ITT Start</u>	Start Ramp, on Jln Wan Seribeni	Straight
150 m	<u>Y-junction</u>	Mosque in front	Right
350 m	<u>Y-junction</u>	Edge of Parliament office (on the right)	Left
570 m	<u>2 carriage way</u>	Right side	Right bend
660 m	<u>Y-junction</u>	Open area on left & right side	Right
720 m	<u>Y-junction</u>	Dinas Sosial Kabupaten Bintan (building on the right)	Left
795 m	<u>Y-junction</u>	Dinas Pendidikan Kabupaten Bintan (building on the left)	Right
1.5 km	<u>Y-junction</u>	Remote area	Straight
3 km	<u>T-junction</u>	Jln Tok Telani (on the right)	Straight
4.2 km	<u>X-junction</u>	Onto, Jln Demang Lebar Daun . CP 1	Left
4.45 km	<u>Y-junction</u>	Al-Hidaya Mosque (on the right)	Straight
6.2 km	<u>T-junction</u>	Jln Raden Rahmat (on the right)	Straight
8.5 km	<u>Y-junction</u>	To Jln Raya Tj Uban-Tj Pinang. CP 2	Left
9.5 km	<u>T-junction, to Jln Wan Seribeni</u>	Sharp turn (onto the Right lane) Dual carriageway	Left
10 km	<u>Finish gantry</u>	Finish Line / Continues Lap	Straight



criterium (CRT)

COURSE MAP & PROFILE

criterium (CRT): 2 km per Lap



Crit (CRT) course (FOP) Details

Distance covered	Location	Description	RACE Direction
0	<u>Start gantry</u>	Jln Wan Seribeni	Straight
30 m	<u>Pit 1</u>	to enter, on Riders Left <same location as Pit 2>	Straight
165 m	<u>Y-junction</u>	Mosque in front	Left
570 m	<u>X-junction</u>	Building: Kejaksaan Negeri Bintan (on the right) CP 1	Left
860 m	<u>Left</u>	Sharp Left. CP2	Left
1.15 km	<u>Pit 2</u>	to enter, on Riders Left	Right
1.2 km	<u>T-junction</u>	Bintan Regent Office (BOH: on the Left)	Right
1.5 km	<u>U-turn</u>	Sharp turn, onto the Finish stretch. CP 3	Left U-Turn
2 km	<u>Finish gantry</u>	Finish line - Continue Lap/s	Straight

CRT, Pit Area

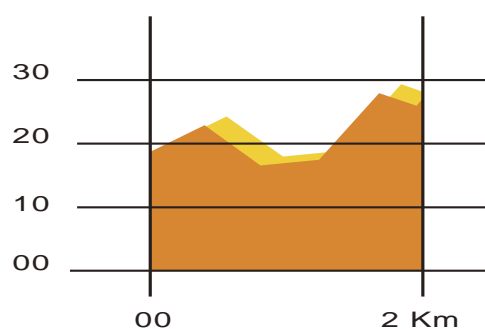
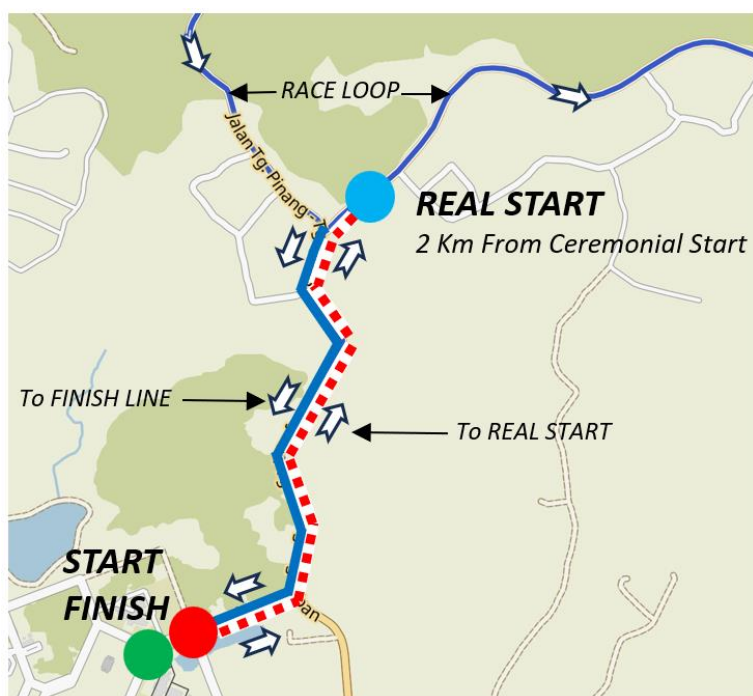


Individual Road Race (IRR)

COURSE MAP & PROFILE

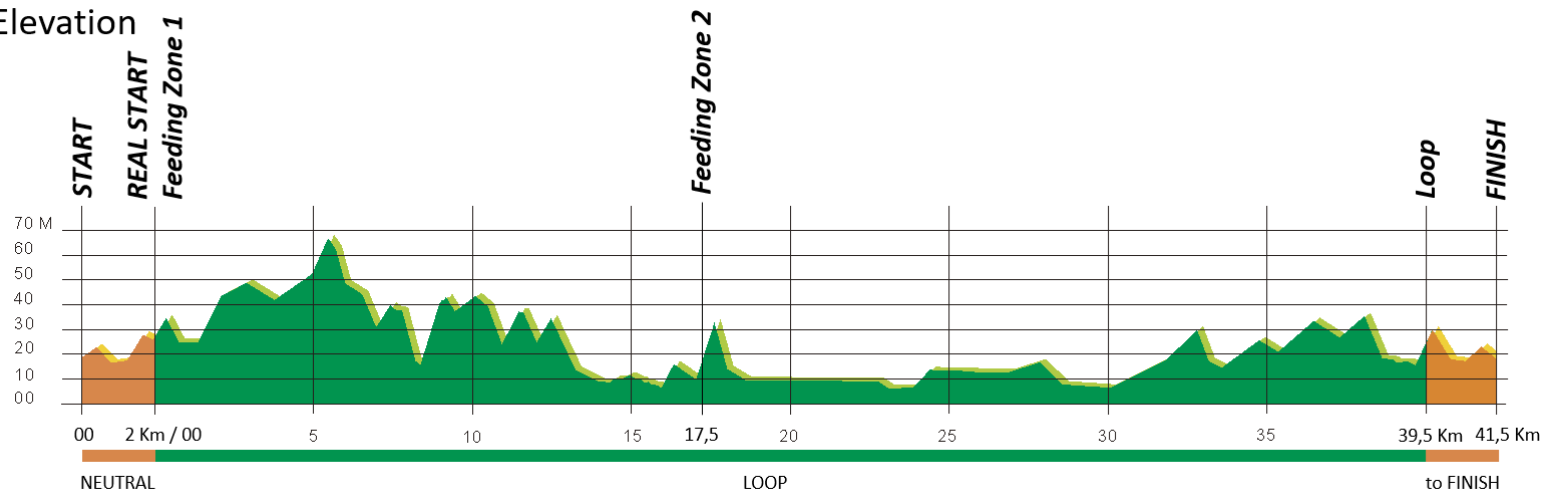


Individual Road Race (IRR): Ceremonial Start (NEUTRAL) to Real Start = 2 km / RACE LOOP 1x Lap = 39.5 km





Elevation



Course details

Distance covered	Location	Remarks	Direction
0	Bintan Regent Government office	Start Gantry / Ceremonial start	Straight
0.4 km	T-junction, onto Jln Raya Tj Uban-Tj Pinang	Sharp Turn	Left
1.8 km	Junction (School & Mosque on the right)	Entry to Race Loop - CP 1	Right
2 km	REAL START	Lap Board (3,2,1) & Bell	Straight
2 km	Feed zone 1	Uphill-strips on the road	Straight
11.5 km	T-junction, track on the Right	30 km to Finish	Straight
13.5 km	T-junction onto Jln Lintas Tengah Tanjung Pinang-Tj Uban	Beach Front - CP 2	Left
17.5 km	Feed Zone 2	Uphill, before Pantai Batu Trikora-beach	Straight
21.5 km	T-junction track on the Right (Trikora beach on the right)	20 km to Finish	Straight
23.5 km	T-junction onto: Jln Beringi	Laluan beach on the right - CP 3	Left
28 km	Y-junction onto: Jln Berakit	Mosque on the right - CP 4	Left
30 km	Elshadai Church	10 km to Finish	Straight
35 km	Track on left	5 km to Finish	Straight
38 km	T-junction, Jln Berakit onto Jln Raya Tanjung Uban	3 km to Finish	Left
39.5 km	Junction	Left turn (for 2-3 Laps)	Right (1 Lap)
40.5 km	Jalan Raya Tanjung Uban-Tj. Pinang	1 km to Finish	Straight
41 km	Jalan Raya Tanjung Uban-Tj. Pinang	500m to Finish	Straight
41.1 km	T-junction onto: Jln Wan Seribeni	Sharp Turn – onto the Finish stretch	Right
41.5 km	Bintan Regent Government office	Finish Gantry	FINISH

Estimated Race Timing/s, for IRR *(subject to change)*

1st WAVE

Date	22-Jun-25	Day	Sunday
Start Time	6:30	ETA Finish	9:22 - 9:45
Start	Bintan Regent Government Office	Neutral	2 Km
Finish	Bintan Regent Government Office	Distance	121.5 Km (3 Laps)

DISTANCE		LOCATION	INSTRUCTION	ETA		
FINISH	START			38 Km/h	41 Km/h	43 Km/h
121.5	0	BINTAN REGENT GOVERNMENT OFFICE	CEREMONIAL START	6:30	6:30	6:30
121.1	0.4	T-JUNCTION Jln Tanjung Pinang - Tanjung Uban	Left	6:30	6:30	6:30
119.7	1.8	JUNCTION School & Mosque on the right	Right	6:32	6:32	6:32
119.5	2	REAL START: 3 Laps to GO	Straight	6:33	6:32	6:32
119.5	2	Feed Zone 1	Straight	6:33	6:32	6:32
108	13.5	T-Junction onto Jln Lintas Tengah Tj. Pinang Tj. Uban	Left	6:54	6:52	6:51
104	17.5	Feed Zone 2	Straight	7:00	6:58	6:57
101.5	20	Trikora Beach	Straight	7:04	7:02	7:00
98	23.5	T JUNCTION on to Jln Berigi	Left	7:10	7:07	7:05
93.5	28	Y JUNCTION On to Jln Berakit	Left	7:17	7:13	7:11
91.5	30	JUNCTION Elsyadai Church	Straight	7:20	7:16	7:14
83.5	38	T JUNCTION Jln Tanjung Pinang - Tanjung Uban	Left	7:33	7:28	7:25
82	39.5	JUNCTION: 2 Laps to GO	Left	7:35	7:30	7:27
42	79.5	JUNCTION: 1 Lap to GO (Bell)	Left	8:38	8:29	8:23
30	91.5	30 Km to FINISH	Straight	8:57	8:46	8:40
20	101.5	20 km to FINISH - Trihora Beach on the right	Straight	9:13	9:01	8:54
10	111.5	10 Km to FINISH	Straight	9:29	9:16	9:08
5	116.5	5 Km to FINISH	Straight	9:37	9:23	9:15
3	118.5	3 Km to FINISH	Straight	9:40	9:26	9:18
2	119.5	JUNCTION, To Finish	Right	9:41	9:27	9:19
2	119.5	2 km to Finish	Straight	9:42	9:28	9:20
1.4	120.1	1 Km to FINISH -	Straight	9:42	9:28	9:20
0.5	121	500 m to FINISH - Jln Tanjung Pinang - Tanjung Uban	Straight	9:44	9:30	9:21
0.4	121.1	JUNCTION, onto Jln Wan Seribeni	Right - SHARP TURN	9:44	9:30	9:21
0	121.5	BINTAN REGENT GOVERNMENT OFFICE	FINISH	9:45	9:30	9:22

2nd WAVE: 2 Groups, 10 mins apart

Date	22-Jun-25	Day	Sunday
Start Time	10:10 (Group 1)	ETA Finish	12:12 - 12:29
Start	Bintan Regent Government Office	Neutral	2 Km
Finish	Bintan Regent Government Office	Distance	81.5 Km (2 Laps)

DISTANCE		LOCATION	INSTRUCTION	ETA		
FINISH	START			36 Km/h	38 Km/h	41 Km/h
81.5	0	BINTAN REGENT GOVERNMENT OFFICE	CEREMONIAL START	10:10	10:10	10:10
81.1	0.4	T JUNCTION Jln Tanjung Pinang - Tanjung Uban	Left	10:10	10:10	10:10
79.7	1.8	Y JUNCTION School & Mosque on the right	Right	10:13	10:12	10:12
79.5	2	REAL START: 2 Laps to GO	Straight	10:13	10:13	10:12
79.5	2	Feed Zone 1	Straight	10:14	10:14	10:13
68	13.5	T JUNCTION on to Jln Lintas Tengah Tj. Pinang Tj. Uban	Left	10:35	10:34	10:32
64	17.5	Feed Zone 2	Straight	10:42	10:40	10:38
61.5	20	Trikora Beach	Straight	10:46	10:44	10:42
58	23.5	T JUNCTION on to Jln Berigi	Left	10:52	10:50	10:47
53.5	28	Y JUNCTION On to Jln Berakit	Left	11:00	10:57	10:53
51.5	30	JUNCTION Elsyadai Church	Straight	11:03	11:00	10:56
43.5	38	T JUNCTION Jln Tanjung Pinang - Tanjung Uban	Left	11:16	11:13	11:08
42	39.5	JUNCTION: 1 Lap to GO (Bell)	Left	11:19	11:15	11:10
30	51.5	30 Km to FINISH	Straight	11:39	11:34	11:28
20	61.5	20 km to FINISH - Trihora Beach on the right	Straight	11:55	11:50	11:42
10	71.5	10 Km to FINISH	Straight	12:12	12:06	11:57
5	76.5	5 Km to FINISH	Straight	12:20	12:13	12:04
3	78.5	3 Km to FINISH	Straight	12:24	12:17	12:07
2	79.5	JUNCTION, To Finish	Right	12:25	12:18	12:09
2	79.5	2 Km to FINISH - Jln Tanjung Pinang - Tanjung Uban	Straight	12:25	12:18	12:09
1	80.5	1 Km to FINISH - Jln Tanjung Pinang - Tanjung Uban	Straight	12:27	12:20	12:10
0.5	81	500 M to FINISH - Jln Tanjung Pinang - Tanjung Uban	Straight	12:28	12:21	12:11
0.4	81.1	JUNCTION, onto Jln Wan Seribeni	Right - SHARP TURN	12:28	12:21	12:11
0	81.5	BINTAN REGENT GOVERNMENT OFFICE	FINISH	12:29	12:21	12:12

Date 22-Jun-25
Start Time 10:20 (Group 2)
 Start Bintan Regent Government Office
 Finish Bintan Regent Government Office

Day Sunday
ETA Finish 12:31 - 12:47
 Neutral 2 Km
Distance 81.5 Km (2 Laps)

DISTANCE		LOCATION	INSTRUCTION	ETA		
FINISH	START			34 Km/h	36 Km/h	38 Km/h
81.5	0	BINTAN REGENT GOVERNMENT OFFICE	CEREMONIAL START	10:20	10:20	10:20
81.1	0.4	T JUNCTION Jln Tanjung Pinang - Tanjung Uban	Left	10:20	10:20	10:20
79.7	1.8	Y JUNCTION Mosque on the right	Right	10:23	10:23	10:22
79.5	2	REAL START: 2 Laps to GO	Straight	10:23	10:23	10:23
79.5	2	Feed Zone	Straight	10:24	10:24	10:24
68	13.5	T JUNCTION on to Jln Lintas Tengah Tj. Pinang Tj. Uban	Left	10:47	10:45	10:44
64	17.5	Feed Zone 2	Straight	10:54	10:52	10:50
61.5	20	Trikora Beach	Straight	10:58	10:56	10:54
58	23.5	T JUNCTION on to Jln Berigi	Left	11:05	11:02	11:00
53.5	28	Y JUNCTION On to Jln Berakit	Left	11:12	11:10	11:07
51.5	30	JUNCTION Elsyadai Church	Straight	11:16	11:13	11:10
43.5	38	T JUNCTION Jln Tanjung Pinang - Tanjung Uban	Left	11:30	11:26	11:23
42	39.5	JUNCTION: 1 Lap to GO (Bell)	Left	11:33	11:29	11:25
30	51.5	30 Km to FINISH	Straight	11:54	11:49	11:44
20	61.5	20 km to FINISH - Trihora Beach on the right	Straight	12:12	12:05	12:00
10	71.5	10 Km to FINISH	Straight	12:29	12:22	12:16
5	76.5	5 Km to FINISH	Straight	12:38	12:30	12:23
3	78.5	3 Km to FINISH	Straight	12:42	12:34	12:27
2	79.5	JUNCTION, To Finish	Right	12:43	12:35	12:28
2	79.5	2 Km to FINISH - Jln Tanjung Pinang - Tanjung Uban	Straight	12:43	12:35	12:28
1	80.5	1 Km to FINISH - Jln Tanjung Pinang - Tanjung Uban	Straight	12:45	12:37	12:30
0.5	81	500 M to FINISH - Jln Tanjung Pinang - Tanjung Uban	Straight	12:46	12:38	12:31
0.4	81.1	JUNCTION onto Jln Wan Seribeni	Right - SHARP TURN	12:46	12:38	12:31
0	81.5	BINTAN REGENT GOVERNMENT OFFICE	FINISH	12:47	12:39	12:31

3rd WAVE

Date	22-Jun-25	Day	Sunday
Start Time	13:10	ETA Finish	14.18 - 14:26
Start	Bintan Regent Government Office	Neutral	2 Km
Finish	Bintan Regent Government Office	Distance	41.5 Km (1 Lap)

DISTANCE		LOCATION	INSTRUCTION	ETA		
FINISH	START			34 Km/h	36 Km/h	38 Km/h
41.5	0	BINTAN REGENT GOVERNMENT OFFICE	CEREMONIAL START	13:10	13:10	13:10
41.1	0.4	T JUNCTION Jln Tanjung Pinang - Tanjung Uban	Left	13:10	13:10	13:10
39.7	1.8	JUNCTION School & Mosque on the right	Right	13:13	13:13	13:12
39.5	2	REAL START: 1 Lap to GO	Straight	13:13	13:13	13:13
39.5	2	Feed Zone 1	Straight	13:14	13:14	13:14
30	11.5	30 Km to FINISH	Straight	13:33	13:32	13:31
28	13.5	T JUNCTION on to Jln Lintas Tengah Tj. Pinang Tj. Uban	Left	13:37	13:35	13:34
24	17.5	Feed Zone 2	Straight	13:44	13:42	13:40
20	21.5	20 km to FINISH - Trikora Beach on the right	Straight	13:51	13:49	13:47
18	23.5	T JUNCTION on to Jln Berigi	Left	13:55	13:52	13:50
13.5	28	Y JUNCTION On to Jln Berakit	Left	14:02	14:00	13:57
11.5	30	JUNCTION Elsyadai Church	Straight	14:06	14:03	14:00
10	31.5	10 Km to FINISH	Straight	14:09	14:05	14:02
5	36.5	5 Km to FINISH	Straight	14:17	14:14	14:10
3.5	38	T JUNCTION Jln Tanjung Pinang - Tanjung Uban	Left	14:20	14:16	14:13
3	38.5	3 Km to FINISH	Straight	14:21	14:17	14:13
2	39.5	JUNCTION - To Finish	Right	14:23	14:19	14:15
1	40.5	2 Km to FINISH - Jln Tanjung Pinang - Tanjung Uban	Straight	14:25	14:20	14:17
1	40.5	1 Km to FINISH - Jln Tanjung Pinang - Tanjung Uban	Straight	14:25	14:20	14:17
0.5	41	500 M to FINISH - Jln Tanjung Pinang - Tanjung Uban	Straight	14:25	14:21	14:17
0.4	41.1	JUNCTION onto Jln Wan Seribeni	Right - SHARP TURN	14:26	14:21	14:18
0	41.5	BINTAN REGENT GOVERNMENT OFFICE	FINISH	14:26	14:22	14:18



8. TECHNICAL REGULATIONS

TECHNICAL, RULES & REGULATIONS (subject to change & updates)

UCI Equipment

CLARIFICATION GUIDE OF THE UCI TECHNICAL REGULATION

Technical Regulations Mass Individual etc, - Infographic

1. This event is classified as an **SCF Class 1** which entitles some SCF categories for the GC point's series.

SCF GC Road 2025 Series points

2. The sporting control and refereeing will be led by the President of the Commissaires panel (PCP) with the commissaires from Singapore and Indonesia. Any decision by the PCP & the Commissaires panel is final.
3. Please pay attention to instructions from the commissaires, race officials, and marshals.
4. All riders must wear their helmet, jersey, shorts, socks, and shoes during the Race.
5. SCF shall take all measures to ensure the safe and proper running of this event. Cancellation of the event may occur in harsh inclement weather conditions that may compromise the Health and Safety of the participants and organisers.
**NOTE: No-Refunds will be issued.*
6. Riders on the FOP must be registered participants. All riders must have number identification at all times. No practicing is permitted on the FOP.
7. No littering! Properly dispose of all rubbish in the BOH area. Used gel bars/water bottles are NOT allowed to be disposed of in the FOP. Any riders caught littering will be disqualified (DSQ).
8. All riders are requested to be self-sufficient with access to a mobile phone with emergency contact and photo ID.
9. Riders, can only report in their allocated time in the correct Format, Wave, Group, Race and Category.
10. Any decision made by the Panel of Commissaires to pull OUT riders is Final.
11. All Riders must immediately exit the BOH and venue when they finish their race, except for the Podium winners.
12. All riders shall ensure that their equipment (bicycle with accessories and other devices fitted, headgear, clothing, etc.) does not constitute any danger to themselves or others by its quality, materials, or design.
13. Failure to meet any requirements will result in a DSQ, DNS, or loss of contention in ranking.
14. Both wheels must be the same diameter and not exceed the 700c wheel diameter.
15. Strictly NO earpiece, radio devices or iPods (for music or communication).
16. All bikes must remove any attachments: Front basket, handlebar bag, saddlebag, panniers, and bento boxes.
17. For the Individual Road Race (IRR), where UNDER 23 (19 to 22 years) and ELITE (23 years & above) compete in their national championships in the same race, UCI points (Singaporean riders) shall be awarded according to their position in the classification according to the UCI Elite points scale.

Combined category for each gender for IRR:

a) **MEN ELITE (19 years & above)**

b) **WOMEN ELITE (19 years & above)**

- SCF GC points and results ranking will be classified separately under the following SCF categories: U23 (19-22 years) & Elite (23 years & above).

18. AERO extensions are **NOT allowed** for CRITERIUM (CRT) & INDIVIDUAL ROAD RACE (IRR).

19. Triathlon bikes will **NOT be allowed** for all the Formats - **Only in the ITT, Sports sub category A.**

20. ITT

21. ITT: Drafting (riding in the slipstream of another rider or vehicle) is strictly prohibited, and riders must complete the course entirely alone and unassisted.

If one rider is caught up by another, he may neither lead nor follow in the slipstream of the rider who caught up. A rider, upon catching up with another shall leave a lateral gap of at least 2 metres. After 1 km, the rider caught up shall ride at least 25 m away from the other. If necessary, the Commissaire shall force the riders to leave the 2 metre lateral gap and the distance of 25 metres respectively, without prejudice to the penalties provided for in the scale of penalties.

22. ITT: Lap count (There will be no Lap boards).

- a. All riders are responsible for their LAP counts.
- b. 1 (one) LAP = Start ramp to Finish gantry <10 km>.
- c. Riders doing 2 or more Laps: upon entering the Finish stretch, will have to keep **“LEFT”**.
- d. Riders **FINISHING**, must keep to the **“RIGHT”** to go through the Finish line Gantry.

23. ITT: UCI Categories are subjected to UCI’s specifications of the Approval Protocols which are available on the [UCI website](#).

24. ITT: Sports Category will be divided by bike types: SPORTS Riders MUST select their sub-category correctly during registration

- i) Sub Category A: Time Trial or Triathlon Bikes
- ii) Sub Category B: Road Bikes, with drop bars.

25. ITT: ONLY riders who are racing under the *National Championships (CN) will be strictly required to adhere to the UCI Time Trial Bicycle and Body Position requirements. As such, during registration, accurate HEIGHT data must be provided to the race organizer to determine a rider’s UCI Height Category. Please refer to the above link to view position measurements for ITT events.

26. ITT: A stipulated time will be provided before race day for ***National Championships (CN) categories** to verify and declare their bicycle and race gear so that riders may make changes ahead of time if required. The categories are:

- JUNIOR (UCI Time Trial Bicycle requirements)
- UNDER 23 (UCI Time Trial Bicycle requirements)
- ELITE (UCI Time Trial Bicycle requirements)

27. ITT: Bike checks will be conducted in the Staging area on Race Day to maintain the verification(s) of the bicycle declarations for the *National Championships (CN) categories.

28. ITT: National Championships (CN) categories riders are fully responsible for arriving ahead of their start time and upon verification, bicycles must not leave the Staging area. If they wish to do so, a follow-up check will be implemented upon re-entry.

29. ITT: Failure to meet the requirements will result in a ‘Start Refuse’, DSQ, or loss of contention in ranking. A rider is allowed a maximum of 2 checks on race day.

30. ITT: Disc wheels will be allowed ONLY in the REAR.

31. ITT: The addition of adhesive tape to maintain, avoid abrasion, provide visual continuity, or any other function is authorized in conditions when it does not constitute an excrescence or enlarges the general shape of the rear disc valve hole.
32. ITT: WEIGHT. The minimum weight of a bicycle in working order must not be less than 6.800 kg, taken without onboard accessories in place. On-board accessories are considered to be items that may be removed during the event, for example, bottles, computers, etc.
33. All removable equipment must be taken off before weighing the bicycle (bottles, computers, etc.). However, bottle cages and clipped-on extensions are part of the bicycle and stay in place during the weighing

34. Criterium (CRT)

35. Race format is "total time" plus 2 Laps (example 40 mins plus 2 Laps).
36. There will be a rolling Neutral Lap on the 2km course Lead by a lead Motorcycle (NO Overtaking allowed).
37. Riders will come to a complete stop under the Start/Finish gantry, as they finish the neutral lap.
38. Riders will pay attention to the Commissaires command, for the 'start proper'.
39. Riders who are about to be Lapped, must exit the FOP at the Pit zones.
40. Free Laps are only given for Mechanical Problems that is officially recognize by the Commissaire. If the rider intentionally does a Free Lap, it will result in a Disqualification (DSQ).
41. Technical Support can only be done by the Rider himself or by his Team/Club member at the designated PIT area.
42. Riders who get a Free Lap must re-enter the original position/group.
43. Free Laps DO NOT apply IN THE LAST, 2 LAPS (after passing the S/F gantry with 2 Laps to GO).

44. Hydration/ Water Bottles

- a. Bottles must be secured within the inside front triangle of the bicycle frame and at Seat Tube or Down Tube mounts ONLY.
- b. Bottle cages MUST be firmly secured to the mounts.
- c. All other bottle cages and respective adaptors (outside of the Seat Tube and Down Tube) MUST BE REMOVED.
- d. Other forms of hydration (i.e., hydration bags, hydration pods, integrated hydration systems, or rear hydration adaptors) WILL NOT be allowed and MUST BE REMOVED.

45. Rider's Clothing

- a. Riders in a team, are encouraged to wear the same jerseys.
- b. Short-sleeved skinsuits will be allowed.
- c. Garments must not be adapted in any way such that they diverge from their use purely as clothing.
- d. Riders are prohibited from wearing clothing that has the purpose of improving performance by reducing wind resistance or modifying the rider's physical features (compression, elongation, support).

- e. Riders may also not add any substance directly to their skin, or clothing that has the effect of modifying their morphology.
- f. It is also prohibited to wear clothing to which non-essential elements have been added to improve aerodynamic properties, such as, for example, “wings” under the arms or an extension between the helmet and the jersey.
- g. Clothing must maintain the original texture of the textile, and cannot have self-supporting elements.
- h. Any modification to surface roughness can only be a result of threading, weaving, or fabric assembly, and is limited to a maximum profile difference of 1mm.
- i. Shoes that have been made more aerodynamic by the addition of a non-essential element or by a modification to the toe or heel are prohibited from competition. No part of the shoe should extend above ankle height.
- j. Socks must be worn; socks/shoe cover may not rise above the height defined by half the distance between the middle of the lateral malleolus and the middle of the fibula head.
- k. Gloves used in competition must not be mittens that only have one, two, or three separations between the fingers.
- l. All riders must wear their helmet, jersey, shorts, socks, and shoes during the Race.
- m. Sleeveless jerseys and ankle socks are PROHIBITED.

46. Helmet

- a. A helmet must be worn at all times from the point of race from start to finish.
- b. The helmet must be approved by the prevailing safety standards, must not have been modified, and must not have suffered an impact or been involved in an accident. The rider is responsible for the compliance (safety) of the helmet used.

47. Other devices

- a. Radio Communication between Riders and their team officials are NOT allowed.
- b. Electrical systems such as Radio devices/iPods, and earpieces/earphones, are **NOT permitted during the Race**.
- c. Cameras: Helmet, chest, and similarly body-mounted cameras are **NOT permitted**.
- d. Cameras may ONLY be mounted on the handlebars or under the saddle. All attachments must be firmly secured (screwed-on or bolted) and the use of a cable tie will not be allowed.

48. Identification of the Field of Play (each rider)

- a. Number Positioning
 - Bike number - sticker type: round the seat post / under the saddle.
 - Back Body number – Left & Right of the jersey, attached using safety pins on each corner.
- b. Bike Number must remain firmly fixed on the seat post: and must not be obscured by any other item.
- c. Bike Number must not be modified or mutilated in any way, including without limitation cutting, adding personal stickers, removing existing stickers (issued by the event officials or Commissaires), or trimming.

49. CRT & IRR



50. ITT: ALLOWED



ALLOWED

Logo/s must remain 100% visible on tags.

Bike number (sticker) – under the saddle

Back, single body number (160 mm x 180 mm)



51. **NOT ALLOWED**



Number Tag with
Logo/s hidden,
modified, mutilated.

NOT ALLOWED

52. **TIMING CHIP: TRANSPONDER LOCATION (on DRIVE SIDE closest to Hub)**

Please RETURN immediately after the completion of your Race! A Penalty will be imposed for any late return!



53. Non-Compliant/ Controversial Designs

- Designs/ Logos/ Lettering that causes offense or brings into disrepute will be **REQUIRED** to be
 - Removed or
 - Masked with opaque tape.
- This will apply to any clothing article (including helmet and shoes), bicycle frames, components, and wheels.
- Failure to meet the requirements will result in a Disqualification (DSQ).

54. Riders Position (CRT & IRR)

Allowed Hands on the handlebars and seated on the saddle



Allowed Hands on the handlebars and seated on the saddle in a tucked position



Not Allowed Using the forearms as a point of support on the handlebar (except in time trials)



Not Allowed Seated on top tube



Not Allowed Leaning forward on handle bars



Not Allowed Leaning backwards and the saddle supporting the chest



Equipment and Position Disputes: The decision of the Commissaires panel is FINAL.

55. RACE PROCEDURES:

ITT

- a. All Riders must start from the Ramp (except Para-cyclists). The rider shall start his ride under the orders of the START Commissaire who shall countdown to the starting time, following which the timing of the ride shall start. The time of any rider who reports late to the start shall be calculated from that rider's scheduled starting time.
- b. If a Rider chooses not to be straddled via the saddle at the start (by a bike holder) - they must have two hands on their handlebar grips and one leg on the ground before push-off.
- c. Riders who push through before the countdown is completed will have their false start time as their new start time.
- d. Commissaires Start procedure countdown "30sec, 10sec, 5-4-3-2-1-GO"

56. FEEDING (ITT)

- a. There will be NO feed zone marked out in this race.
- b. All riders will be self-reliant on their appropriate hydration and nutrition.
- c. Water bottles are ONLY to be placed within the front triangle of the bicycle.
- d. All Riders are suggested to start with 1 (one) filled water bottle.
- e. Riders will be self-reliant during the race should there be technical issues.
- f. Riders may not help one another during the Race.

57. Staging and Start (Individual Road race – IRR)

- a. 15-20 mins, to start of each WAVE, riders must report at the Staging area.
- b. 5 mins to Start: Riders to proceed under the START-FINISH Gantry.
- c. At the Commissaires command, Riders will roll out move behind the Lead car (led by Yellow flag) for 2km.
- d. At the 2km mark / Lap counter on the Left (showing 3-2 or 1 Lap depending on the Wave), once the flag is dropped from the lead vehicle – 'Racing will commence' - At no point within the neutralised start should any rider pass the lead Vehicle.

58. For 'CRT' please see article/s, 35 – 44.

59. Feeding (for Road Race <IRR> only)

- a. There will be 2 Stationery feed zones.
- b. All riders will be self-reliant on their appropriate hydration and nutrition.
- c. Riders are required to have at least one water bottle with hydration fluids to start.
- d. Technical Assistance: Neutral pick-up truck – Teams to place their spare wheels in the vehicle following the convoy-peloton.

60. Lap and Finish (IRR)

- e. Riders doing 2 or 3 Laps will continue on the Big Loop (approx. 39km). At the Final Lap - coming back to the 2km mark junction, Riders will head back to the Start-Finish area/gantry for the FINISH.
- f. Finishers must Exit the FOP and head back to the BOH paddock area.
- g. Pull OUT Riders during their Race will be required to exit immediately, or up on the Broom wagon (tbc).
- h. Once the Riders have completed the race, they will immediately head back to the BOH.

61. Podium Ceremony (all Formats)

- 1. Top 3 Riders must be present at the Podium area, immediately after the completion of their race.
- 2. The best Singaporean/s will be presented with the (CN) or (DC) jersey/s.
- 3. Riders are NOT allowed to bring their bikes to the podium.
- 4. Riders MUST be in their RACE ATTIRE at the awards ceremony (minus the helmet).
- 5. Riders may change to sports (covered) shoes with socks, NO slippers allowed.



9. **TRAVEL ADVISORY**

TRAVEL ADVISORY

	Departure from Singapore to Bintan	Self-Check Column									
1	Confirm that you have registered for the event.										
2	You are encouraged to purchase a travel insurance.										
3	Self-check that you are feeling well and physically ready for the competition.										
4	For those who are arriving early, please do ensure that you have a confirmed hotel reservation.										
5	<p><u>Travel Documents</u> to bring:</p> <p>a. International Passport – with at least 6 months validity</p> <p>b. Visa:</p> <p>i. NOT required for Singaporeans and citizens of ASEAN nations.</p> <p>B. VISA Free Travel</p> <p>1. Maximum 30 days stay and non-extendable</p> <p>2. Countries as follows (ASEAN):</p> <table border="1"> <tr> <td>Brunei Darussalam</td><td>Cambodia</td><td>Laos</td></tr> <tr> <td>Malaysia</td><td>Myanmar</td><td>Philippines</td></tr> <tr> <td>Singapore</td><td>Thailand</td><td>Vietnam</td></tr> </table> <p>ii. the list of 69 nations on this link may obtain a Visa On Arrival (VoA) with payment of 500,000 Indonesian Rupiahs. Look out for the VoA counter.</p> <p>iii. all other nationalities to apply for a visa into Indonesia</p> <p>c. Printed Hard Copy Ferry Tickets</p> <p>d.</p>	Brunei Darussalam	Cambodia	Laos	Malaysia	Myanmar	Philippines	Singapore	Thailand	Vietnam	
Brunei Darussalam	Cambodia	Laos									
Malaysia	Myanmar	Philippines									
Singapore	Thailand	Vietnam									
6	Valid UCI Licence for 2025										
7	<p>Arrival time at Tanah Merah Ferry Terminal:</p> <p>Look out and check-in at the Bintan Resort Ferry (BRF) lane.</p> <p>To arrive at the Terminal at least 1.0 to 1.5 hours before the scheduled ferry departure time.</p>										
	On Arriving in Bintan										
8	Note that there WILL NOT be any transport pick-up for you. Please make the necessary self-arrangement to your hotel.										
	On Race Day										
9	Please refer to the Riders' Guide for reporting time, race schedule etc.										
10											

	Departure from Singapore to Bintan	Self-Check Column
	Departure from Bintan to Singapore	
11	To arrive at the Ferry Terminal at least 1.0 to 1.5 hours before the scheduled ferry departure time. SCF staff will be there to facilitate the checking in for departure.	
12	Please do not bring contraband items into Bintan or Singapore for e.g. Indonesian cigarettes, etc.	